

HEALTH TIP

BEYOND THE LITTLE BLUE PILL...

4 ALTERNATIVE TREATMENTS FOR ERECTILE DYSFUNCTION

Oral medications aren't the only answer for the treatment of erectile dysfunction in men. Other options to discuss with your doctor:

Vacuum Erection Device - These devices are also known as penis pumps and act as a manual means for achieving an erection.

Intra-Cavernosal Injection Therapy - This is a doctor-prescribed treatment which involves the patient self injecting a medication directly into the penis and is much stronger than oral treatments to help with obtaining an erection.

Intra-Urethral Suppository - In this doctor-prescribed technique, the patient inserts a tiny suppository into the urethra which causes increased flow of blood to the penis.

Penile Implant Surgery - In cases where other techniques aren't effective, penile implant surgery is a consideration. This procedure involves the surgical implantation of a pump which can be inflated and deflated to achieve and then relieve an erection.

