



## **Abdominal Aorta Ultrasound Patient Information**

**Your physician has ordered an abdominal aorta ultrasound and you may be wondering what to expect. The below information will provide you with an overview of the test and hopefully answer any questions you may have and reduce any feelings of anxiety you may have as well.**

### **What is an Abdominal Aorta Ultrasound?**

It is a non-invasive and painless procedure utilizing ultrasound to look at the aorta, which is the main blood vessel leading away from the heart.

### **Why did my doctor order this test?**

Cardiologists order this procedure to screen for, diagnose, or monitor an abdominal aortic aneurysm (AAA).

### **How long will the test take and can I bring someone with me?**

The full test will take approximately 45 minutes. During COVID we must limit guests in our office and have limited waiting space during the test. It is preferred that you do not bring a guest unless medically necessary for support or translation assistance for this reason.

### **Are there any special instructions for this test?**

You should avoid food and drink after midnight the night before your test. Please also remember to wear loose fitting clothing to allow for easier access to your abdomen during the test.

### **What will happen on the day of my appointment?**

You will check-in for your test downstairs in suite 100. A member of our cardiac sonography team will escort you to your room. Once in the room, you will lie on your back and the sonographer will use a wand (sound-wave transducer) with ultrasound gel on your abdomen to take images and measurements of your aorta.

**Our friendly, experienced, and knowledgeable staff is happy to answer any questions or address any concerns you have throughout your test in our office. Please do not hesitate to ask, we love to educate!**