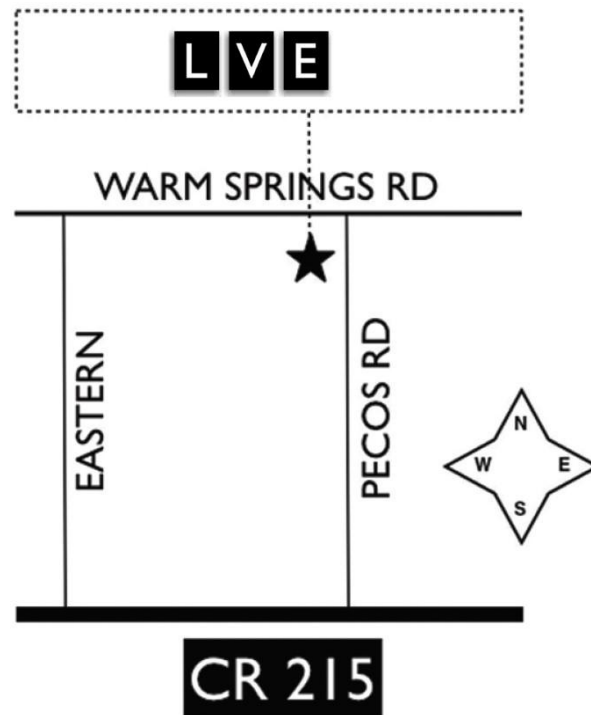




Thank you for scheduling your procedure/s with us and trusting us with your healthcare needs. Below you will find some useful reminders in regards to your up-coming procedure/s. If you have any questions, please feel free to contact our office at 702-982-7240, Monday to Friday, 8am-5pm or send us an email at [lvg@lvgastro.com](mailto:lvg@lvgastro.com)

### **Facility Location: LAS VEGAS ENDOSCOPY (LVE)**

**7315 S. PECOS ROAD, SUITE 103 LAS VEGAS, NV 89120 Phone: 702-855-0550**



*CANCELLATION POLICY In order to provide the best care and service to our patients, we ask that you notify us 3 days in advance to cancel or reschedule your appointment Please be advised that failure to do could result in a missed appointment fee of \$75. After 3 missed appointments (failure to show or call), you may be discharged from care as a direct result of being non-compliant to treatment.*

# Upper Endoscopy (EGD) Preparation Instructions

## How do I prepare for an upper endoscopy (EGD)?



**DISCUSS MEDICATIONS** and **HEALTH CONDITIONS** you have with your doctor.

You will require special instructions regarding these medications:

- Anticoagulants/Blood thinners
- Antiplatelet medications such as Plavix
- Blood pressure medications
- If you are instructed to do so, stop taking all iron, aspirin, and non-steroidal anti-inflammatory (NSAID) medications, such as Motrin, Ibuprofen, and Advil.

Notify your doctor if you have these health conditions:

- Heart murmurs
- Previous heart valve surgery
- Bleeding disorders



**ARRANGE** for a friend or family member to drive you home after the colonoscopy, as you will still be drowsy from sedation and it is unsafe to drive.

- You must have an adult accompany you home the day of your procedure, even if you take a cab. The medical procedure staff must be able to contact whoever will accompany you. If this person cannot be confirmed prior to the procedure, your procedure will be rescheduled for your safety.
- You should not drive a car, operate machinery, or make any legal decisions until the day after your procedure.



**NIGHT BEFORE** your procedure, **do not eat solid foods** after 12:00 am (midnight). **Do not take any medications** after midnight unless your doctor has specifically asked that you take them (i.e. blood pressure medications). You may **only drink clear liquids** after midnight. Clear liquids consist only of liquids that you would be able to read a newspaper through.

**CLEAR LIQUIDS INCLUDE:**

- Water, mineral water
- Clear fruit juices without pulp (apple, white grape, white cranberry, lemonade, etc.)
- Clear carbonated and non-carbonated soft drinks or sports drinks
- Store-bought and >99% fat-free broth (chicken, beef, vegetable, or bone broth)
- Popsicles or gelatin (such as Jell-O)
- Coffee or tea (without milk or cream)



**4 HOURS BEFORE** your procedure, **STOP DRINKING ALL CLEAR LIQUIDS AND MEDICATIONS**. This means that you should not have anything to eat or drink 4 hours before your upper endoscopy and onward.