

NOVA Pediatrics: Health and Nutrition Questionnaire

(REV: 2/2019)

Patient Name: _____ DOB: _____ Visit Date: _____

At NOVA Pediatrics, we want to provide you, your children and family with the best medical care we can. Our approach to health includes: physical, emotional, nutrition, and exercise. We find better nutrition is often a significant issue for many of our families. The questions below are to help us better understand the nutritional needs of our families. Responses are confidential and part of the medical record.

Please respond to the following statements:	Yes	No	Not Sure
Within the past 12 months we worried whether our food would run out before we got money to buy more			
I would attend classes preparing balanced meals			
I would like more information on preparing balanced meals and healthy family nutrition			
When school is closed, I become more concerned with my children's nutrition			
Within the past 12 months the food we bought just didn't last and we didn't have money to get more			