

Timeline of Typical Prenatal Care

All of our OB (obstetric) patients will be seen by Dr. Jeffrey Illeck, Dr. Anne Narayan, and our three Nurse Practitioners (Debbie, Rajeeni, Judy) throughout their prenatal care to accommodate patient appointments in a timely manner.

Appointment Type	Gestational Age	To Do:
New OB appointment	8 weeks	<input type="checkbox"/> Confirmation of due date via pelvic ultrasound <input type="checkbox"/> Orientation to practice <input type="checkbox"/> Flu shot, if available (or at earliest available appointment)
New OB appointment #2	10 weeks	<input type="checkbox"/> Ultrasound to confirm fetal heartbeat <input type="checkbox"/> Blood work orders (OB Panel and California Prenatal Screening Program; other optional blood tests including NIPT and Carrier Screen)
Ultrasound	12 weeks	<input type="checkbox"/> Nuchal translucency ultrasound (evaluation of early fetal anatomy, part of CA prenatal state screening)
Return OB	16 weeks	<input type="checkbox"/> 2 nd Trimester blood work: CA Prenatal Screening Program
Ultrasound	20 weeks	<input type="checkbox"/> Anatomy ultrasound <input type="checkbox"/> Hospital registration <input type="checkbox"/> Birthing classes <input type="checkbox"/> Annual exam, if indicated
Return OB	24 weeks	<input type="checkbox"/> CBC/GTT order 24-28weeks <input type="checkbox"/> Discuss Tdap, Circumcision, Pediatrician
Return OB	28 weeks	<input type="checkbox"/> Tdap <input type="checkbox"/> Order Breast Pump <input type="checkbox"/> Rhogam if indicated
Return OB	30 weeks	
Return OB	32 weeks	<input type="checkbox"/> Please make sure to schedule appt with Dr. Illeck or Dr. Narayan if you haven't met them already!
Return OB	34 weeks	
Return OB	36 weeks	<input type="checkbox"/> Group B Strep Vaginal culture <input type="checkbox"/> Confirmation of fetal position
Return OB	37 weeks	<input type="checkbox"/> Cervical Exam, if desired or indicated
Return OB	38 weeks	<input type="checkbox"/> Cervical Exam, if desired or indicated
Return OB	39 weeks	<input type="checkbox"/> Cervical Exam, if desired or indicated
Return OB	40 weeks	<input type="checkbox"/> Cervical Exam, if desired or indicated
Return OB/ Fetal monitoring	41 weeks	<input type="checkbox"/> Start late term Non-Stress Testing (listen to baby on monitor, check fluid) <input type="checkbox"/> Discuss late term induction of labor

***On-call doctor always available after hours by calling our regular office phone 714-841-9899.

***Delivery Hospital is Hoag Newport Beach.

***Ultrasound appointments at 12 and 20 weeks must happen at the Huntington Beach location.