



FEMALE NEW PATIENT

NAME: _____ DATE OF BIRTH: _____

AGE: _____ HEIGHT: _____ WEIGHT: _____ RACE: _____

CURRENT EMAIL: _____ LAST 4 DIGITS OF SS#: _____

ADDRESS: _____ Zip Code: _____

PHONE: _____ home () cell ()

HISTORY OF RENAL DISEASE: YES NO

HISTORY OF ACTIVE LIVER DISEASE: YES NO

HYSTERECTOMY: YES NO

OVARIES REMOVED: YES NO

HISTORY OF CERVICAL CANCER: YES NO

HISTORY OF OVARIAN CANCER: YES NO

HISTORY OF BREAST CANCER: YES NO

FIBROCYSTIC BREAST CANCER: YES NO

HISTORY OF POLYCYSTIC OVARIAN SYNDROME: YES NO

HISTORY OF HEAVY PERIODS/ FIBROIDS: YES NO

HISTORY OF METABOLIC SYNDROME: YES NO

PREMENOPAUSAL: YES NO

MENSTRUAL MIGRAINES: YES NO

FLUID RETENTION: YES NO

PERSISTENT BREAST PAIN: YES NO

ACNE: YES NO

FACIAL HAIR: YES NO

SIGNIFICANT HAIR LOSS: YES NO

EXERCISE:

Sedentary

Exercise 3 days a week

Exercise 5-7 days a week



IF YOU ARE CURRENTLY TAKING ESTROGEN WHAT IS YOUR DOSAGE AND METHOD:

PATCH _____

PILLS _____

CREAM _____

DO YOU HAVE SYMPTOMS WITH CURRENT HORMONE METHOD: _____ YES _____ NO

IF YES WHAT ARE YOUR SYMPTOMS: _____

SYMPTOM CHECKLIST

Please indicate (circle) how often you encounter the following symptoms:

Fatigue	Frequently	Rarely	Never
Night sweats	Frequently	Rarely	Never
Pain with Intercourse	Frequently	Rarely	Never
Vaginal dryness	Frequently	Rarely	Never
Urine leaks when you cough or sneeze	Frequently	Rarely	Never
Muscle pain	Frequently	Rarely	Never
Joint pain	Frequently	Rarely	Never
Poor recovery from exercise	Frequently	Rarely	Never
Poor response from exercise	Frequently	Rarely	Never
Difficulty concentrating	Frequently	Rarely	Never
Foggy thinking	Frequently	Rarely	Never
Loss of memory	Frequently	Rarely	Never
Menstrual migraines	Frequently	Rarely	Never
Depression	Frequently	Rarely	Never
Anxiety	Frequently	Rarely	Never
Mood swings	Frequently	Rarely	Never
Insomnia	Frequently	Rarely	Never
Decrease in sexual desire	Frequently	Rarely	Never
Hot flashes/hot flushes	Frequently	Rarely	Never