

Intragastric Balloon

ORBERA intragastric balloon system is FDA approved since 2015 and is the only balloon system that is on the market today. The balloon system is produced by Apollo and has over 20 years of research on the global market.

The balloon is endoscopically placed and filled with fluid. The balloon remains in place for a duration of 6 months and then is removed endoscopically. The balloon functions by 2 mechanisms: 1. It takes up space, allowing you to feel full more quickly. 2. It slows how quickly food passes through the stomach allowing you to feel full longer, and hunger less frequently!

Because no surgery is involved with the placement or removal of the gastric balloon, it is very low risk. Because it is not permanent, you don't have to worry about second regrets, but if you like your results you can repeat the procedure as often as desired!

Most people are a good candidate for intragastric balloon placement, however, there are a few contraindications. You should not have a gastric balloon if you are:

1. Pregnant or breast feeding or planning on becoming pregnant in the next 6 months
2. You have had previous gastric surgery
3. You are unwilling to engage with diet and exercise
4. You have a large hiatal hernia
5. You have active ulcer or infection of your stomach
6. You require blood thinning medications
7. You have an eating disorder
8. You are not able to take proton pump inhibitor medications

Dr. Udelhofen has been certified for intragastric balloon placement and has extensive experience with balloon placement and has been involved with several gastric balloon studies. If you are considering gastric balloon placement, call for your consultation and start losing weight today!