



SURGICAL CONSULTANTS
OF NORTHERN VIRGINIA

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RESTON HOSPITAL CENTER

IMPORTANT INFORMATION:

Pre-operative Labs, EKG and COVID-19 Test, and a pre-operative screening interview: SCHEDULED and PERFORMED at the Reston Hospital Center by calling **(844) 204-1474**. It should take place within 14 days of your surgery. If you get a call from #804 area code, it is the Pre-op Screening Department and they must complete your screening prior to your procedure date.

YOU MUST REPORT TO THE HOSPITAL TWO (2) HOURS PRIOR TO YOUR SURGERY TIME.

Please be available earlier for standby cases. Times are subject to change, however, we will do our best to honor the time you have been given.

Fasting: Unless advised otherwise by your physician, **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE SURGERY.**

Immediately following the surgery, the surgeon will speak to your family if they are present. You will then be in recovery for one hour, at which time further evaluation will be made regarding your release. (If you are scheduled as inpatient, you will then be admitted to a room.) In most cases, **A DRIVER IS REQUIRED FOR YOUR DEPARTURE.** This is due to the effects of anesthesia and cannot be avoided. **UBERS and TAXIS are not options for departure.** Please arrange for transportation, unless your procedure is being done under LOCAL anesthesia.

Our staff is available between the hours of 9a.m. to 5p.m. to answer questions regarding surgery. Most issues are addressed during your pre-operative interview with the pre-op screening nurses.