



## Moderating effects of immunosuppressive medications and risk factors for post-operative joint infection following total joint arthroplasty in patients with rheumatoid arthritis or osteoarthritis

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### ABSTRACT

**Objective:** Inconclusive findings about infection risks, importantly the use of immunosuppressive medications in patients who have undergone large-joint total joint arthroplasty, challenge efforts to provide evidence-based perioperative total joint arthroplasty recommendations to improve surgical outcomes. Thus, the aim of this study was to describe risk factors for developing a post-operative infection in patients undergoing TJA of a large joint (total hip arthroplasty, total knee arthroplasty, or total shoulder arthroplasty) by identifying clinical and demographic factors, including the use of high-risk medications (i.e., prednisone and immunosuppressive medications) and diagnoses [i.e., rheumatoid arthritis (RA), osteoarthritis (OA), gout, obesity, and diabetes mellitus] that are linked to infection status, controlling for length of follow-up.

**Methods:** A retrospective, case-control study ( $N = 2212$ ) using de-identified patient health claims information from a commercially insured, U.S. dataset representing 15 million patients annually (from January 1, 2007 to December 31, 2009) was conducted. Descriptive statistics,  $t$ -test, chi-square test, Fisher's exact test, and multivariate logistic regression were used.

**Results:** Male gender (OR = 1.42,  $p < 0.001$ ), diagnosis of RA (OR = 1.47,  $p = 0.031$ ), diabetes mellitus (OR = 1.38,  $p = 0.001$ ), obesity (OR = 1.66,  $p < 0.001$ ) or gout (OR = 1.95,  $p = 0.001$ ), and a prescription for prednisone (OR = 1.59,  $p < 0.001$ ) predicted a post-operative infection following total joint arthroplasty. Persons with post-operative joint infections were significantly more likely to be prescribed allopurinol ( $p = 0.002$ ) and colchicine ( $p = 0.006$ ); no significant difference was found for the use of specific disease-modifying anti-rheumatic drugs and TNF- $\alpha$  inhibitors.

**Conclusion:** High-risk, post-operative joint infection groups were identified allowing for precautionary clinical measures to be taken.

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**Abbreviations:** RA, rheumatoid arthritis; OA, osteoarthritis; U.S., United States; OR, odds ratio; DM, diabetes mellitus; DMARDs, disease-modifying anti-rheumatic drugs; TNF $\alpha$ , tumor necrosis factor alpha; CPT, current procedural terminology; ICD-9, International Statistical Classification of Disease; HIV/AIDS, human immunodeficiency virus infection and acquired immune deficiency syndrome; SLE, systemic lupus erythematosus.

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### Introduction

Due to the high number of persons undergoing total large-joint arthroplasty in the United States, a clear understanding of the risk of infection and related hospital readmissions and surgical revisions is important [1–8]. Specifically, in the United States, there were 719,000 total knee arthroplasties, 332,000 total hip arthroplasties, and 29,127 total shoulder arthroplasties carried out in 2010 with annual costs estimated to be \$18.7 billion [1–3]. Infection is reported as a leading cause of hospital readmission following a total joint arthroplasty (post-operative joint infection rates: 0.3–0.7%) [4–6]. An estimated 14% of hospital readmissions following total joint

arthroplasty are as a result of deep or superficial surgical site infection and 44% of joint revisions are as a result of infections [4–8].

In efforts to improve infection rates, prior research studies have identified high-risk groups which have included the following: male gender [odds ratio (OR): total knee arthroplasty–1.89; total shoulder arthroplasty–2.59; total joint arthroplasty–1.79], age older or younger than 56–65 years (OR: total knee arthroplasty–1.42–2.59), diagnosis of diabetes mellitus (DM; OR: total knee arthroplasty–1.28; total hip arthroplasty–1.77), scoring at or higher than 2 on the American Society of Anesthesiologist Scale (OR: total knee arthroplasty–1.42–1.65; total hip arthroplasty–1.95–2.74; TSA–1.41), history of cancer (OR: total knee arthroplasty–11.73), higher Charlson Comorbidity Score [OR: total joint arthroplasty–2.29 (score  $\geq$  2), total knee arthroplasty–2 (score  $>$  3)], current smoker (OR: total knee arthroplasty or total hip arthroplasty–1.41), and body mass index  $\geq$  35 (OR: total knee arthroplasty–1.47; total hip arthroplasty–3.02; total shoulder arthroplasty–2.48). Yet, there are inconsistencies in the variables investigated and study findings [7–18]. Similarly, many of these risk factors are largely unmodifiable in the perioperative period.

Because of the potential for modification, an understanding of risks of immunosuppressive medications on rates of infection and readmission following total joint arthroplasty is needed. Prior research on this topic is largely based on studies of rheumatoid arthritis (RA) patients [8,19,20]. Research suggests the use of traditional disease-modifying anti-rheumatic drugs (DMARDs), a nonbiologic class of immunosuppressive medications used to treat RA, prior to surgery does not increase infection risk [20]. In contrast, steroid use has been found to increase risks of infection and hospital readmission [19,21]. There are conflicting findings on TNF inhibitor use (biologic medications used to treat RA) and infection risk [20–26].

Studies investigating the role of immunosuppressive medications in RA patients have not clearly described the role of treatment vs. disease-related (inflammatory arthritis vs. non-inflammatory arthritis) effects on post-operative infection risks [9,10,27–29]. Two retrospective U.S. studies found no difference in infection rates between those diagnosed with RA vs. osteoarthritis (OA) in persons who had undergone a total hip arthroplasty or total knee arthroplasty [9,10]. Yet, a number of studies have reported increased risks of infection in patients with RA ranging from two to four-times that of patients with OA [5,15,19,27]. Singh et al. [4] ( $N = 34,311$ ) recently reported that persons with RA are 1.29 times more likely to be readmitted to the hospital for post-surgical complications (infection leading cause), and that these rates are increasing yearly (0.85, 1.37, and 1.63 in 2009, 2010, and 2011, respectively). Interpretation of the literature is complicated by the inconsistent antibiotic protocols, definitions of infection, and sampling [28].

Evidence-based perioperative management for total joint arthroplasty is limited by the lack of conclusive research findings about risk factors, the role of immunosuppressive medications, and the role of type of arthritis (OA vs. RA) in the development of an infection following total joint arthroplasty [9,10,27,29]. The aim of this study was to describe risk factors for developing post-operative infections in patients undergoing total joint arthroplasty of a large joint (total hip arthroplasty, total knee arthroplasty, or total shoulder arthroplasty). To achieve this aim, initially we identified clinical and demographic factors, including the use of high-risk medications (i.e., prednisone and immunosuppressive medications) and diagnoses (i.e., gout, obesity, DM, RA, and OA), that are linked to infection status, controlling for length of follow-up by comparing cases and control, and using logistic regression modeling. During this iterative process, we further explored the

potential for clinical and demographic factors that moderate the relationship between RA/OA diagnosis and infections post-operatively.

## Materials and methods

### Procedure and sample

De-identified patient health claims information was extracted retrospectively from a dataset representing a commercially insured, U.S. population of 15 million patients annually from January 1, 2007 to December 31, 2009. This dataset includes 1,284,681 prescribers and 3631 health care provider designations from all geographic regions in the United States. Patient-level data were extracted including administrative demographic data (e.g., gender and age), pharmacy claims data (e.g., national drug code), and physician and facility claims (e.g., procedure codes and diagnosis codes). Medical Institutional Review Board approval was obtained for the use of this dataset.

First, all patients with the diagnosis of OA (ICD-9: 715.0–715.9) and RA (ICD-9: 714.0, 714.2, and 714.4) who had a total joint arthroplasty (CPT codes: total knee arthroplasty–27447, total hip arthroplasty–27130, and total shoulder arthroplasty–23472) were extracted from the database which resulted in 55,861 unique persons. Patients who developed a post-operative joint infection following total joint arthroplasty surgery (ICD-9: 996.66–*Infection and inflammatory reaction due to internal joint prosthesis*) were identified as cases (Fig. 1). Of the 55,861 patients followed during this 2-year period, 1127 developed a post-operative infection following total joint arthroplasty surgery and therefore were defined as cases in this study. Only one operative event was included for a given patient. If a patient had more than one total joint arthroplasty, only the first surgery was retained in this analysis. The only exception to this was when a patient had a subsequent total joint arthroplasty surgery that resulted in infection; in this case, only the information from the first surgery associated with an infection was retained. Controls were randomly selected to frequency match cases based on age (within 10-year increments) with a 1:1 sampling ratio; therefore, only persons with complete data on matching criteria were eligible. Ten cases had missing data on year of birth and were excluded from the study; 11 cases were omitted because they did not have

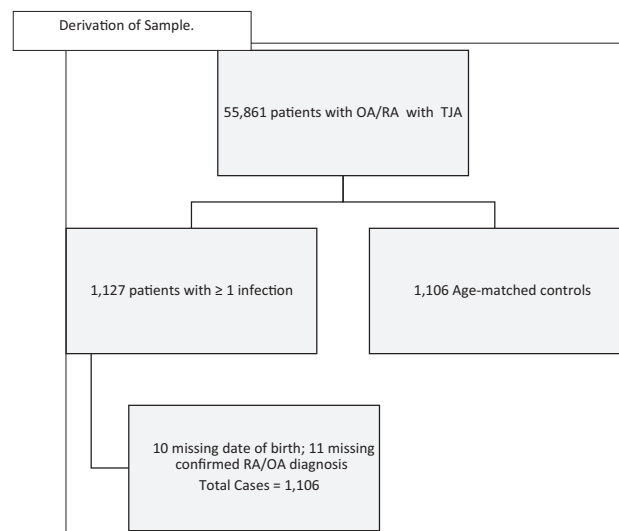


Fig. 1. Derivation of sample.

confirmation of OA or RA diagnosis, since the corresponding ICD-9 code was listed only once in their record; therefore, the final sample consisted of 2212 patients: 1106 cases and 1106 controls.

## Measures

### Demographic and clinical characteristics

Demographic information extracted from the database included age, gender, and race (White, Other race). We also retained information on surgery location (i.e., hip, knee, or shoulder) and time between date of surgery and end of study (i.e., length of follow-up in days). Based on prior research, ICD-9 codes were used to extract clinical information for comorbid conditions including human immunodeficiency virus infection and acquired immune deficiency syndrome (HIV/AIDS), immunodeficiency conditions, cancer, systemic lupus erythematosus (SLE), diabetes mellitus (DM), obesity/morbid obesity, and gout [30–33].

We also collected information on concomitant prescription drug information. Prednisone was abstracted as dose (mg) and supply (days) for each individual; only prescriptions within 1 month before surgery or following, which we defined as the perioperative period, were included. Because the majority of the sample (77%) was not prescribed prednisone, a binary variable indicating yes or no to prednisone use was created to include in the analysis. Medications were classified as immunosuppressive based on an updated Center for Disease Control list of *Immunosuppressive Medications* [34].

### Infection status

Medical outcome data were used to identify patients receiving treatment for post-operative joint infections (ICD-9: 996.66–*Infection and inflammatory reaction due to internal joint prosthesis*). For each patient, a binary variable was created to indicate whether or not the patient received care for an infection attributed to the total joint arthroplasty. This variable was used to distinguish cases and controls, and was the outcome in this study.

### Data analysis

Data were summarized using descriptive statistics. Initially, comparisons of study variables between cases and controls were accomplished using the two-sample *t*-test, Mann–Whitney *U*-test, chi-square test of association, or Fisher's exact test. Then, a series of logistic regression models were used. First, a main effects model was fit to identify demographic and clinical characteristics predictive of infection status. In addition to typical demographic/clinical factors, we also included length of follow-up in each model as an adjustment for longer median follow-up among cases relative to controls. Through an iterative process, a test of moderation between diagnosis of RA or OA and post-operative infection status was conducted using a second logistic regression model that included the interactions between diagnosis (RA vs. OA) and the potential moderator variables (i.e., each demographic and clinical factor). Due to the concern about estimate stability, interaction terms involving conditions of very low prevalence (i.e., cancer, immunodeficiency, SLE, each affecting less than 5% of sample) were not included. In a subsequent analysis, all nonsignificant interactions were removed from the model. For the significant interaction effects retained, the association between RA or OA diagnosis and infection risk was evaluated at each level of the moderator variable. The Hosmer–Lemeshow goodness-of-fit test evaluated overall model fit, and variance inflation factors were used to check for multicollinearity. For these data analyses, SAS version 9.3 was used with an  $\alpha$  level of 0.05.

## Results

### Description of sample

The mean age of the case-control sample was 59.8 years (SD = 10.2 years). The majority of the sample was female (51.1%) and White (83.1%; Table 1). The most common total joint arthroplasty was total knee arthroplasty (61.5%), followed by total hip arthroplasty (35.7%), and total shoulder arthroplasty (2.8%); the median length of follow-up among all patients was 555 days. The prevalence of comorbid conditions included obesity (30.5%), DM (29.4%), gout (6.4%), SLE (2.5%), cancer (2.5%), an immunodeficiency condition (1.0%), and/or HIV/AIDS (0.4%). Nearly one-quarter of patients (22.7%) were prescribed prednisone in the 2-month perioperative period; 13.5% took at least one immunosuppressive medication during the perioperative period. In the total sample, among those on prednisone, the median average daily dose was 0.16 mg (0.07–0.47 mg).

### Identification of clinical and demographic risk factors

When comparing cases to controls, those with an infection were more likely to be male (52.1% vs. 45.7%,  $p = 0.002$ ; Table 1). Persons who experienced an infection also had a longer median length of follow-up (577 days) compared with those who did not (526 days,  $p < 0.001$ ). In addition, persons in the case group (i.e., those with an infection) were more likely to have been diagnosed with lupus (3.4% vs. 1.6%,  $p = 0.007$ ), DM (34.1% vs. 24.8%,  $p < 0.001$ ), obesity (35.8% vs. 25.2%,  $p < 0.001$ ), and gout (8.9% vs. 3.9%,  $p < 0.001$ ). Those with infections were more likely to have an RA diagnosis compared to those in the control group (9.2% vs. 6.1%,  $p = 0.005$ ). Consistent with the age-matching of controls with cases, there was no difference on age ( $t = 0.4$ ,  $p = 0.7$ ). In addition, cases and controls did not differ on race, surgery location, or prevalence of cancer, immunodeficiency conditions, or HIV/AIDS.

In the bivariate analysis of medication use relative to post-operative infection status, a higher proportion of cases were prescribed prednisone (27.7% vs. 17.7%,  $p < 0.001$ ) or an immunosuppressive medication (16.6% vs. 10.4%,  $p < 0.001$ ) at least once during the perioperative period, compared with controls. For each immunosuppressive drug used by at least five patients in the sample, individual drugs and drug categories were compared between cases and controls (Figs. 2 and 3). The only significant differences between cases and controls for prevalence of specific immunosuppressive drugs and drug categories included allopurinol ( $\chi^2 = 9.2$ ,  $p = 0.002$ ) and colchicine ( $\chi^2 = 7.5$ ,  $p = 0.006$ ). Figures 2 and 3 also display, at the top of each bar, the percentage of patients using the particular medication (or medication class) who were also diagnosed with RA. Given that the sample comprised 8% of RA patients, the prevalence of medications use for RA in excess of this demonstrates that more RA patients were taking these drugs that would have been expected if both diagnoses were equally likely to do so. Nearly all of those using adalimumab, leflunomide, or methotrexate were RA patients, while nearly all of those using allopurinol, fluorouracil, or megestrol were OA patients (Fig. 2). More than two-thirds of those taking a TNF $\alpha$  inhibitor or DMARD were diagnosed with RA, regardless of whether they were in the infection (case) group or not (Fig. 3).

The main effects multiple logistic regression model was significant overall ( $\chi^2 = 129.8$ ,  $p < 0.001$ ). Length of follow-up was associated with infection risk. For each additional 100 days of follow-up, a patient was 4% more likely to have an infection in a prosthetic joint (OR = 1.04,  $p = 0.004$ ; Table 2). Males, compared to females, were 42% more likely to develop an infection post-operatively (OR = 1.42,  $p < 0.001$ ). Patients with a DM diagnosis were 38% more likely to develop an infection, relative to those

**Table 1**  
Descriptive summary of study variables and comparisons by infection status

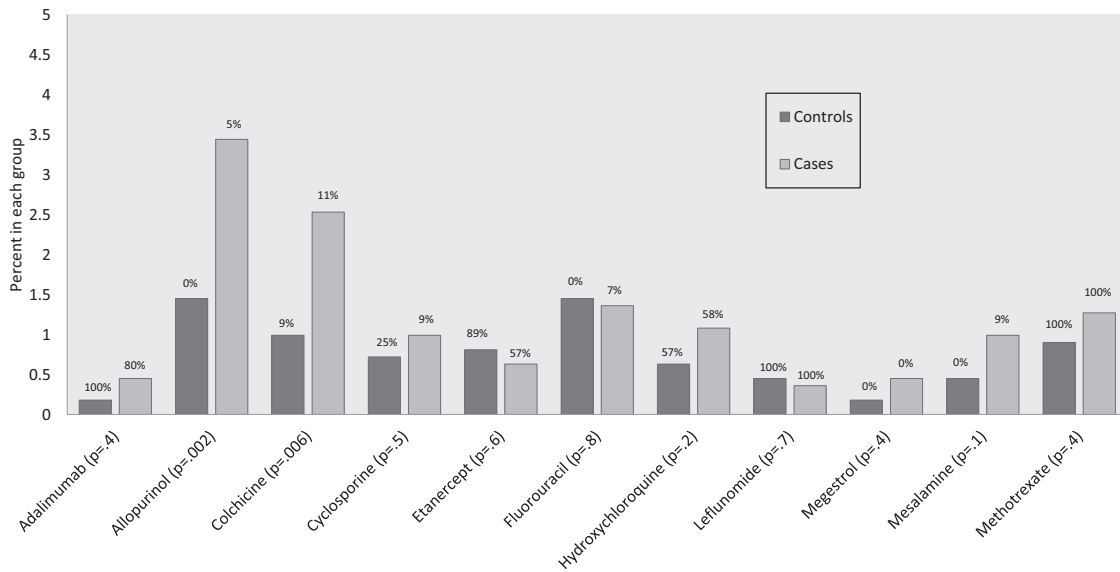
	Total sample (N = 2212)	Case (n = 1106)	Control (n = 1106)	p
Gender				0.002
Male	1081 (48.9%)	576 (52.1%)	505 (45.7%)	
Female	1131 (51.1%)	530 (47.9%)	601 (54.3%)	
Race				0.50
White	1838 (83.1%)	913 (82.5%)	925 (83.6%)	
Other	374 (16.9%)	193 (17.5%)	181 (16.4%)	
Surgery location				0.58
Knee	1361 (61.5%)	692 (62.6%)	669 (60.5%)	
Hip	789 (35.7%)	385 (34.8%)	404 (36.5%)	
Shoulder	62 (2.8%)	29 (2.6%)	33 (3.0%)	
Follow-up (days)	555 (301–814.5)	577 (335–832)	525.5 (260–786)	< 0.001
Cancer				0.13
Yes	55 (2.5%)	33 (3.0%)	22 (2.0%)	
No	2157 (97.5%)	1073 (97.0%)	1084 (98.0%)	
Lupus (SLE)				0.007
Yes	56 (2.5%)	38 (3.4%)	18 (1.6%)	
No	2156 (97.5%)	1068 (96.6%)	1088 (98.4%)	
Immunodeficiency condition				0.087
Yes	22 (1.0%)	15 (1.4%)	7 (0.6%)	
No	2190 (99.0%)	1091 (98.6%)	1099 (99.4%)	
HIV/AIDS				0.74
Yes	9 (0.4%)	5 (0.5%)	4 (0.4%)	
No	2203 (99.6%)	1101 (99.5%)	1102 (99.6%)	
Diabetes				< 0.001
Yes	651 (29.4%)	377 (34.1%)	274 (24.8%)	
No	1561 (70.6%)	729 (65.9%)	832 (75.2%)	
Obesity				< 0.001
Yes	675 (30.5%)	396 (35.8%)	279 (25.2%)	
No	1537 (69.5%)	710 (64.2%)	827 (74.8%)	
Gout				< 0.001
Yes	142 (6.4%)	99 (8.9%)	43 (3.9%)	
No	2070 (93.6%)	1007 (91.1%)	1063 (96.1%)	
Perioperative prednisone use				< 0.001
Yes	502 (22.7%)	306 (27.7%)	196 (17.7%)	
No	1710 (77.3%)	800 (72.3%)	910 (82.3%)	
Perioperative immunosuppressive medication use				< 0.001
Yes	299 (13.5%)	184 (16.6%)	115 (10.4%)	
No	1913 (86.5%)	922 (83.4%)	991 (89.6%)	
Diagnosis				0.005
Rheumatoid arthritis	169 (7.6%)	102 (9.2%)	67 (6.1%)	
Osteoarthritis	2043 (92.4%)	1004 (90.8%)	1039 (93.9%)	

Note: all statistics are reported as n (%), except days of follow-up; this is reported as median (interquartile range).

without this diagnosis (OR = 1.38,  $p = 0.001$ ). Other comorbid conditions associated with increased infection risk included obesity (OR = 1.66,  $p < 0.001$ ) and gout (OR = 1.95,  $p = 0.001$ ). Controlling for demographic and clinical characteristics and length of follow-up, RA patients were 47% more likely to develop a post-operative infection compared to patients with OA (OR = 1.47,  $p = 0.031$ ). Patients who were prescribed prednisone within 1 month before or following total joint arthroplasty surgery were 59% more likely to develop an infection, compared to those not prescribed prednisone (OR = 1.59,  $p < 0.001$ ). Race, total joint arthroplasty location, cancer, SLE, the presence of an immunodeficiency condition, HIV/AIDS, and the use of an

immunosuppressive medication during the perioperative period were not predictive of post-operative infection in the main effects model. The Hosmer–Lemeshow goodness-of-fit test was not significant ( $\chi^2 = 5.2$ ,  $p = 0.74$ ), suggesting that the model fit the data well. All variance inflation factors were less than 1.4, indicating that multicollinearity was not distorting the parameter estimates.

In an effort to investigate treatment vs. disease-related effects, the relationship between RA/OA diagnosis and infection identified in our primary analysis was explored using a second logistic regression model. This moderation model, which contained demographic and clinical main effects, days of follow-up, the indicator for RA/OA, and the interaction between immunosuppressive



**Fig. 2.** Comparisons of medication usage rates between cases and controls. *Note:* above each bar is listed the percentage of patients taking that drug who have RA, whether in the case or control group; this should be contrasted to 8%, the percent of patients with RA in the full sample of cases and controls. For example, all patients taking Adalimumab who did not get infections had RA, and 80% of those in the case group who were taking this drug had RA.

medication use and RA/OA diagnosis, was significant ( $\chi^2 = 8.3$ ,  $p = 0.004$ ). Among those taking immunosuppressive medication (s) ( $n = 299$ ), there was no difference in the odds of infection between RA ( $n = 71$ ) and OA patients ( $n = 229$ ; OR = 0.73;  $p = 0.30$ ); however, among those *not* taking this type of medication ( $n = 1913$ ), RA patients ( $n = 99$ ) were 130% more likely to develop an infection compared with OA patients ( $n = 1814$ ; OR = 2.30; 95% CI: 1.37–3.30;  $p = 0.001$ ).

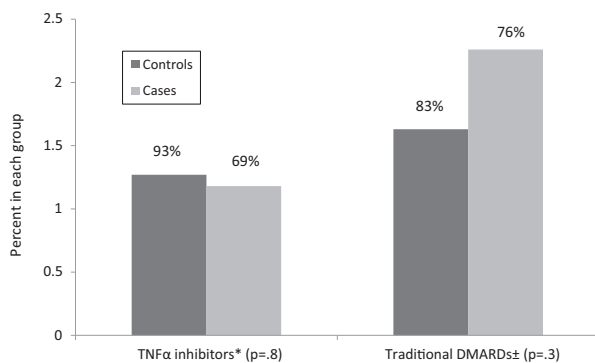
**Discussion**

The lack of conclusive research findings about risk factors, importantly the role of immunosuppressive medications in the development of an infection following total joint arthroplasty, has limited evidenced-based perioperative management. Similarly,

there is a lack of clarity on the role of disease- vs. treatment-related effects on infection risk following total joint arthroplasty. In efforts to address these clinical problems, we identified risk factors for developing infections following a total joint arthroplasty of a large joint. Using an iterative process, we also described the moderating relationship between the use of immunosuppressive medications and the diagnosis of RA/OA in the development of a post-operative infection.

There is evidence that supports and conflicts with our finding that there is an increased risk of infection following total joint arthroplasty in patients with RA vs. those with OA. Large U.S. and European studies have reported an increased risk of hospital readmissions and infections in patients with RA vs. those with OA [4,27,30]. In contrast, Namba et al. [9,10] did not find an increased risk of infection between persons with RA and OA following total hip arthroplasty or total knee arthroplasty in a retrospective analysis of data from 2001 to 2009. Considering that the majority and the most recent and large studies found an increased risk of post-operative infection in patients with RA, we feel our findings are strongly supported; thus, this risk factor should be considered during clinical management.

Although the increased infection risk of RA vs. OA has been further established, the question of disease- vs. treatment-related effects remained unanswered [29]. Because of the study design using a large administrative dataset, we could not directly assess RA disease activity. However, importantly in our study, immunosuppressive medication use did not predict infection in our main effects model, and the use of immunosuppressive medications only moderated the relationship between RA/OA diagnosis and infection in the post-operative period. While the main effects model demonstrated that RA patients were at an increased risk for infection compared with OA patients, the test of moderation indicated that this phenomenon was only present among those *not* taking immunosuppressive medications perioperatively. These findings support prior studies suggesting that there is no increased infection risk when using immunosuppressive medications (DMARDs) prior to surgery [19,20]. Our study conflicts with prior research reporting that patients taking biologic DMARDs within 2–4 weeks of surgery were 5.7 times more likely to develop an infection [20]. Of interest, persons in the same study who had increased RA disease duration were also more likely to develop an



\*TNFα inhibitors including Adalimumab, Certolizumab, Etanercept, Infliximab, and Golimumab  
 ±Traditional DMARDs including Azathioprine, Hydroxychloroquine, Leflunomide, and Methotrexate

**Fig. 3.** Comparison of the use of TNFα inhibitors and traditional DMARDs between cases and controls. \*TNFα inhibitors including adalimumab, certolizumab, etanercept, infliximab, and golimumab. ±Traditional DMARDs including azathioprine, hydroxychloroquine, leflunomide, and methotrexate. *Note:* above each bar is listed the percentage of patients taking that class of drug who have RA, whether in the case or control group; this should be contrasted to 8%, the percentage of patients with RA in the full sample of cases and controls. For example, 93% of patients taking a TNFα inhibitor who did not get infections had RA, and 69% of those in the case group who were taking this class of drug had RA.

**Table 2**  
Multiple logistic regression modeling with the likelihood of developing a post-operative infection following total joint replacement surgery ( $N = 2212$ )

	Estimated odds ratio (OR)	95% CI for OR	<i>p</i>
Gender			
Male vs. female	1.42	1.19–1.70	< 0.001
Race			
White vs. other	0.93	0.74–1.17	0.53
Replacement surgery location			
Hip vs. knee	1.01	0.84–1.21	0.93
Shoulder vs. knee	0.78	0.46–1.33	0.36
Follow-up (days) <sup>a</sup>	1.04	1.01–1.07	0.004
Cancer			
Yes vs. no	1.34	0.76–2.36	0.31
Lupus (SLE)			
Yes vs. no	1.65	0.90–3.04	0.11
Immunodeficiency condition			
Yes vs. no	1.78	0.69–4.57	0.23
HIV/AIDS			
Yes vs. no	1.24	0.32–4.82	0.76
Diabetes			
Yes vs. no	1.38	1.14–1.68	0.001
Obesity			
Yes vs. no	1.66	1.37–2.02	< 0.001
Gout			
Yes vs. no	1.95	1.30–1.97	0.001
Perioperative prednisone use			
Yes vs. no	1.59	1.28–1.97	< 0.001
Perioperative immunosuppressive medication use			
Yes vs. no	1.12	0.84–1.50	0.44
Diagnosis			
RA vs. OA	1.47	1.04–2.08	0.031

<sup>a</sup> Estimates correspond to a 100-day increase in the number of days of follow-up.

infection [20]. We found that there was not a significant difference between cases and control on the use of TNF- $\alpha$  inhibitors as a class, and this was bolstered with the case–control comparison of percentage using adalimumab specifically. We confirmed prior evidence to suggest that steroid use increases the risk of infection and hospital readmission [8,19].

Our findings suggest that, controlling obesity and DM, gout and medications used to treat gout increase infection risk following total joint arthroplasty. These findings are supported by a study conducted by Inacio and colleagues (OR = 1.3) [27]. Interestingly, a recent publication reported seven cases of crystal-induced arthritis followed by total joint arthroplasty suggesting our understanding of the relationship between gout, total joint arthroplasty, and infection is evolving, and further exploration is needed [35]. Similarly, because the increased risk of infection has been described in two diseases with inflammatory etiologies (RA and gout), the role of inflammation in the diagnosis of post-operative infection also requires further exploration.

Prior research supports study findings that male gender, DM, and obesity predict post-operative infection following total joint arthroplasty [9,10]. Interestingly, weight loss has also been identified as a risk factor for developing a post-operative infection (OR = 2.3) complicating clinical recommendations to obese persons [27].

The effect of cancer diagnosis on infection risk following total joint arthroplasty is conflicting in prior research [8,31]. Findings from this study suggest that persons with a history of cancer are not at increased infection risk. Although we did report the use of immunosuppressive medication use, which provides insight into cancer as an infection risk factor, further prospective research on the effects of cancer stage and specifics of cancer treatment should be conducted. Neither our findings nor prior research suggests that those diagnosed with HIV/AIDS are at increased risk of infection following total joint arthroplasty [31]. Despite our study findings, there are relatively few studies describing the risk of HIV/AIDS and cancer and post-operative infection, which limits evidence-based practice.

Study strength is the large number of patients included relative to prior research in this area. Because this was a retrospective review of a commercial insurance database, the data available was limited by those medications and treatments that were charged by health care providers and paid for using insurance coverage. Although this was a large dataset, it represents those commercially insured, and study findings may not be generalizable to other populations, including those without private insurance. The racial/ethnic composition of the sample is not representative of the U.S. population, though the higher prevalence of White patients in this sample relative to the general population is consistent with previous studies of racial variations in total joint arthroplasty [36]. There is also the potential for inaccuracies in ICD-9 and CPT codes available for extraction from the dataset, though it limited the analysis to those with confirmed RA/OA by requiring at least two ICD-9 codes for the respective disease in each patient retained in the analysis to prevent a diagnosis error. The modest number of persons with HIV/AIDS, cancer, SLE, and immunodeficiency conditions limits the strength of this analysis as least as it pertains to definitive understanding of the link between these conditions and infection risk. The test of moderation between RA/OA status and infection should be confirmed in a sample that includes more RA patients, and more patients who are taking immunosuppressive medications. In particular, given the relatively small percentage of patients with RA compared with OA in addition to the low prevalence of use for individual immunomodulating and immunosuppressive medications, it was not possible to investigate the relationship between infection risk and diagnosis of OA/RA for each of these medications. This last limitation is mitigated by the observation that the risk of infection among RA patients relative to those with OA was elevated only among those not taking immunosuppressive medications, but there was no risk differential among those who were taking immunosuppressive medications.

## Conclusion

In conclusion, this study uses a robust sample to validate previously identified risk factors (i.e., male gender and obesity) and further clarify risk factors with conflicting or very little prior research (i.e., gout, prednisone, and immunosuppressive medication use). These findings contribute to our understanding of treatment- vs. disease-related infection risks following total joint arthroplasty.

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