Effective date: 9-23-13

Front Range Foot and Ankle Clinic PRIVACY STATEMENT

THIS NOTICE DESCRIBES HOW PROTECTED MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GAIN ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY

OUR OBLIGATIONS:

We are required by law to:

- Maintain the privacy of protected health information
- Give you this notice of our legal duties and privacy practices regarding health information about you
- Follow the terms of our notice that is currently in effect

HOW WE MAY USE AND DISCLOSE HEALTH INFORMATION:

Front Range Foot and Ankle Clinic is permitted to make uses and disclosures of protected health information for treatment, payment and health care operations, as described in the following examples:

Treatment. We may use and disclose Health Information for your treatment and to provide you with treatment-related health care services. For example, we may disclose Health Information to doctors, nurses, technicians, or other personnel, including people outside our office, who are involved in your medical care and need the information to provide you with medical care.

Payment. We may use and disclose Health Information so that we or others may bill and receive payment from you, an insurance company, or a third party for the treatment and services you received. For example, we may give your health plan information so that they will pay for your treatment.

Health Care Operations. We may use and disclose Health Information for health care operation purposes. These uses and disclosures are necessary to make sure that all of our patients receive quality care and to operate and manage our office. For example, we may use and disclose information to make sure the medical care you receive is of the highest quality. We also may share information with other entities that have a relationship with you (for example, your health plan) for their health care operation activities.

Individuals Involved in Your Care or Payment for Your Care. When appropriate, we may share Health Information with a person who is involved in your medical care or payment for your care, such as your family or a close friend. We also may notify your family about your location or general condition or disclose such information to an entity assisting in a disaster relief effort.

Research. Under certain circumstances, we may use and disclose Health Information for research. For example, a research project may involve comparing the health of patients who received one treatment to those who received another, for the same condition. Before we use or disclose Health Information for research, the project will go through a special approval process. Even without special approval, we may permit researchers to look at records to help them identify patients who may be included in their research project or for other similar purposes, as long as they do not remove or take a copy of any Health Information.

SPECIAL SITUATIONS:

- As Required by Law. We will disclose Health Information when required to do so by international, federal, state or local law.
- To Avert a Serious Threat to Health or Safety. We may use and disclose Health Information when necessary to
 prevent a serious threat to your health and safety or the health and safety of the public or another person. Disclosures,
 however, will be made only to someone who may be able to help prevent the threat.
- Business Associates. We may disclose Health Information to our business associates that perform functions on our
 behalf or provide us with services if the information is necessary for such functions or services. For example, we may use
 another company to perform billing services on our behalf. All of our business associates are obligated to protect the privacy
 of your information and are not allowed to use or disclose any information other than as specified in our contract.
- Organ and Tissue Donation. If you are an organ donor, we may use or release Health Information to organizations
 that handle organ procurement or other entities engaged in procurement; banking or transportation of organs, eyes, or
 tissues to facilitate organ, eye or tissue donation; and transplantation.
- Military and Veterans. If you are a member of the armed forces, we may release Health Information as required by
 military command authorities. We also may release Health Information to the appropriate foreign military authority if you are
 a member of a foreign military.
- Workers' Compensation. We may release Health Information for workers' compensation or similar programs. These
 programs provide benefits for work-related injuries or illness.
- Public Health Risks. We may disclose Health Information for public health activities. These activities generally include
 disclosures to prevent or control disease, injury or disability; report births and deaths; report child abuse or neglect; report
 reactions to medications or problems with products; notify people of recalls of products they may be using; a person who may
 have been exposed to a disease or may be at risk for contracting or spreading a disease or condition; and the appropriate
 government authority if we believe a patient has been the victim of abuse, neglect or domestic violence. We will only make
 this disclosure if you agree or when required or authorized by law.

- Health Oversight Activities. We may disclose Health Information to a health oversight agency for activities authorized
 by law. These oversight activities include, for example, audits, investigations, inspections, and licensure. These activities are
 necessary for the government to monitor the health care system, government programs, and compliance with civil rights laws.
- **Lawsuits and Disputes.** If you are involved in a lawsuit or a dispute, we may disclose Health Information in response to a court or administrative order. We also may disclose Health Information in response to a subpoena, discovery request, or other lawful process by someone else involved in the dispute, but only if efforts have been made to tell you about the request or to obtain an order protecting the information requested.
- Law Enforcement. We may release Health Information if asked by a law enforcement official if the information is: (1) in response to a court order, subpoena, warrant, summons or similar process; (2) limited information to identify or locate a suspect, fugitive, material witness, or missing person; (3) about the victim of a crime even if, under certain very limited circumstances, we are unable to obtain the person's agreement; (4) about a death we believe may be the result of criminal conduct; (5) about criminal conduct on our premises; and (6) in an emergency to report a crime, the location of the crime or victims, or the identity, description or location of the person who committed the crime.
- Coroners, Medical Examiners and Funeral Directors. We may release Health Information to a coroner or medical
 examiner. This may be necessary, for example, to identify a deceased person or determine the cause of death. We also may
 release Health Information to funeral directors as necessary for their duties.
- National Security and Intelligence Activities. We may release Health Information to authorized federal officials for intelligence, counter-intelligence, and other national security activities authorized by law.
- Protective Services for the President and Others. We may disclose Health Information to authorized federal
 officials so they may provide protection to the President, other authorized persons, or foreign heads of state, or to conduct
 special investigations.
- **Inmates or Individuals in Custody**. If you are an inmate of a correctional institution or under the custody of a law enforcement official, we may release Health Information to the correctional institution or law enforcement official. This release would be if necessary: (1) for the institution to provide you with health care; (2) to protect your health and safety or the health and safety of others; or (3) the safety and security of the correctional institution.

YOUR RIGHTS:

You have the following rights regarding Health Information we have about you:

Right to Inspect and Copy. You have a right to inspect and copy Health Information that may be used to make decisions about your care or payment for your care. This includes electronic medical and billing records, other than psychotherapy notes. To inspect and copy this Health Information, you must make your request, in writing, to Front Range Foot and Ankle.

Right to Amend. If you feel that Health Information we have is incorrect or incomplete, you may ask us to amend the information. You have the right to request an amendment for as long as the information is kept by or for our office. To request an amendment, you must make your request, in writing, to Front Range Foot and Ankle Clinic. We reserve the right to deny the request for amendment if certain criteria are met (e.g. It is determined that the existing information is reasonably accurate and complete or not a part of the designated record set i.e. not created by our office).

Right to an Accounting of Disclosures. You have the right to request a list of certain disclosures we made of Health Information for purposes other than treatment, payment and health care operations or for which you provided written authorization. To request an accounting of disclosures, you must make your request, in writing, to Front Range Foot and Ankle Clinic.

Right to Request Restrictions. If you pay out-of-pocket for a service, you have the right to restrict disclosure of PHI to a health plan. You have the right to request a restriction or limitation on the Health Information we use or disclose for treatment, payment, or health care operations. You also have the right to request a limit on the Health Information we disclose to someone involved in your care or the payment for your care, like a family member or friend. For example, you could ask that we not share information about a particular diagnosis or treatment with your spouse. To request a restriction, you must make your request, in writing, to Front Range Foot and Ankle Clinic. We will make every effort to comply with your request if it involves non-emergent care.

Right to Request Confidential Communication. You have the right to request that we communicate with you about medical matters in a certain way or at a certain location. For example, you can ask that we only contact you by mail or at work. To request confidential communication, you must make your request, in writing, to Front Range Foot and Ankle Clinic. Your request must specify how or where you wish to be contacted. We will accommodate reasonable requests.

Right to a Paper Copy of This Notice. You have the right to a paper copy of this notice. You may ask us to give you a copy of this notice at any time. To obtain a paper copy of this notice, you may request one at the front reception desk.

Protected Health Information (PHI), Front Range Foot and Ankle Clinic takes measures to safeguard your protected health information. In the event of a breach of unsecured PHI on our part, you will be notified in writing within 5 business days of our discovery.

CHANGES TO THIS NOTICE:

We reserve the right to change this notice and make the new notice apply to Health Information we already have as well as any information we receive in the future. We will post a copy of our current notice at our office. The notice will contain the effective date on the first page, in the top right-hand corner.

COMPLAINTS:

If you believe your privacy rights have been violated, you may file a complaint with our office or with the Secretary of the Department of Health and Human Services. All complaints must be made in writing. You will not be penalized for filing a complaint.