Arizona Sexual Experience Scale (ASEX)
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The Arizona Sexual Experiences Scale (ASEX) is a user friendly 5-item rating scale that quantifies sex drive, arousal, vaginal lubrication/penile erection, ability to reach orgasm and satisfaction from orgasm. Possible total scores range from 5 to 30, with the higher scores indicating more sexual dysfunction.

For each item, indicate your OVERALL level during the PAST WEEK, including TODAY.

1. **How strong is your sex drive?**
   - 1 Extremely strong
   - 2 Very strong
   - 3 Somewhat strong
   - 4 Somewhat weak
   - 5 Very weak
   - 6 Absent

2. **How easily are you sexually aroused?**
   - 1 Extremely easily
   - 2 Very easily
   - 3 Somewhat easily
   - 4 Somewhat difficult
   - 5 Very difficult
   - 6 Never

3. **How easily does your vagina become moist?**
   - 1 Extremely easily
   - 2 Very easily
   - 3 Somewhat easily
   - 4 Somewhat difficult
   - 5 Very difficult
   - 6 Never

4. **How easily can you reach orgasms?**
   - 1 Extremely easily
   - 2 Very easily
   - 3 Somewhat easily
   - 4 Somewhat difficult
   - 5 Very difficult
   - 6 Never

5. **Are your orgasms satisfying?**
   - 1 Extremely satisfying
   - 2 Very satisfying
   - 3 Somewhat satisfying
   - 4 Somewhat un satisfying
   - 5 Extremely un satisfying
   - 6 Never achieve orgasms

**TOTAL SCORE:**