



**ANNE ARUNDEL  
GASTROENTEROLGY  
ASSOCIATES, P.A.**

Anthony J. Calabrese, MD, FACP  
Michael N. Peters, MD, FACP  
John L. Newman, MD, FACP  
Suzanne L. Sankey, MD  
Douglas D. Dykman, MD, FACP  
Christopher F. Schultz, MD  
Melanie L. Jackson, MD, FACP  
Praveena G. Velamati, MD  
Christopher A. Olenec, MD  
Raja Taunk, MD  
Thomas L. Simcox, MD  
Mark Flasar, MD, MS  
William A. Cassidy, MD, Emeritus  
James M. Blake, MD, Emeritus  
Amanda Era, CRNP

Bestgate Medical Clinic  
820 Bestgate Road  
Suite 2A  
Annapolis, Maryland 21401

Pasadena  
8109 Ritchie Highway  
Suite 102  
Pasadena, Maryland 21122

AAMC Health Services-Bowie  
4175 North Hanson Court  
Suite 304  
Bowie, Maryland 20716

Kent Island Office  
130 Love Point Road  
Suite 106  
Stevensville, Maryland 21666



An Affiliate of Anne Arundel  
Gastroenterology Associates, P.A.

Bestgate Medical Clinic  
820 Bestgate Road  
Suite 1A  
Annapolis, Maryland 21401

410-224-2116  
410-224-2118 Fax  
Toll Free 1-866-224-AAGA  
Local 410-280-AAGA (2242)  
www.aagastro.com

# DIABETIC INSTRUCTIONS FOR COLONOSCOPY FOR DIABETIC PATIENTS INSULIN DEPENDENT/ORAL HYPOGLYCEMICS

## MORNING COLONOSCOPY

If your insulin is managed on a sliding scale by your Endocrinologist or PCP, follow their recommendations. If questions, consult your Endocrinologist or PCP.

If you do not use a sliding scale regimen, use the following procedure:

## INSULIN DEPENDENT

- Take 1/2 usual dose day prior to procedure. (if you take insulin twice a day, take 1/2 usual dose both times)
- Do prep
- Do finger sticks
- Take 1/2 usual dose before your procedure
- When you have eaten after the procedure, take 1/2 your usual dose of insulin

## ORAL DIABETIC MEDICATION

- None the day prior to procedure
- Do prep
- None the day of the procedure
- When you have eaten after the procedure, resume your usual dose

## PATIENT RESPONSIBILITY

IT IS YOUR RESPONSIBILITY TO CHECK WITH YOUR INSURANCE COMPANY REGARDING PRE-AUTHORIZATION AND ANY REFERRALS NECESSARY FOR THIS PROCEDURE. YOU WILL NEED TO PRESENT A CURRENT PHOTO ID, VALID INSURANCE CARD AND VALID REFERRAL, IF REQUIRED. YOU WILL BE EXPECTED TO PAY ANY COPAYMENTS, COINSURANCE, DEDUCTIBLES AND OUTSTANDING BALANCES AT THE TIME OF YOUR APPOINTMENT. IF YOU ARE NOT PREPARED TO PAY THE FEES DUE, YOUR APPOINTMENT MAY BE CANCELLED.

PLEASE LEAVE VALUABLES AT HOME OR WITH THE RESPONSIBLE TRANSPORTATION PROVIDER. PLEASE BRING YOUR EYEGLASSES. PLEASE DO NOT WEAR ANY JEWELRY OTHER THAN A WEDDING RING.

*Anne Arundel Gastroenterology Associates provides medical services regardless of race, color, age, national origin, sex, religion, or handicap.*

*If you are hearing impaired or have a language barrier, please notify our office.*

# **DIABETIC INSTRUCTIONS FOR COLONOSCOPY FOR DIABETIC PATIENTS INSULIN DEPENDENT/ORAL HYPOGLYCEMICS**

## **AFTERNOON COLONOSCOPY**

If your insulin is managed on a sliding scale by your Endocrinologist or PCP, follow their recommendations.

If questions, consult your Endocrinologist or PCP.

If you do not use a sliding scale regimen, use the following procedure:

## **INSULIN DEPENDENT**

- Take 1/2 usual dose day prior to procedure. (if you take insulin twice a day, take 1/2 usual dose both times)
- Take 1/2 usual dose before your procedure
- Do finger sticks
- When you have eaten after the procedure, take 1/2 your usual dose if you normally take insulin twice a day

## **ORAL DIABETIC MEDICATION**

- None day prior to procedure
- None day of procedure
- Do prep
- When you have eaten after the procedure, and you normally do not take the p.m. dose, take 1/2 your usual dose; otherwise resume your usual dose.