



TruSculpt® 3D Frequently Asked Questions:

Q. How does Trusculpt® 3D compare to Coolsculpting?

A. Coolsculpting is outdated for many reasons now:

- It gets less fat reduction than Trusculpt® 3D
- Only Trusculpt® 3D tightens the skin in addition to destroying fat
- Because the skin is put in a box with Coolsculpting, you are missing areas in between that have fat, so there is no uniform treatment all over the area
- It takes 3x longer to receive Coolsculpting than TruSculpt® 3D
- With TruSculpt® 3D the patient can get up and go, whereas with Coolsculpting the skin needs time to be massaged and de-thawed after treatment and has discomfort post treatment.
- TruSculpt® 3D can literally go anywhere on the body Trusculpt® 3D gets to higher temperature in the fat for more fat destruction
- Trusculpt® 3D goes deeper for more results in sculpting

Q. Am I a candidate for TruSculpt® 3D Body Sculpting & Skin Tightening Treatment?

A. We will determine whether you are a candidate for TruSculpt® 3D during the consultation. Typically, appropriate patients have a BMI less than 30, however most people are candidates for this procedure. There is a \$75 consultation charge with one of our providers. If you choose to have TruSculpt here, this fee is applied to a treatment.

Q. How long does the TruSculpt® 3D treatment take?

A. Treatment time depends on the areas treated. To treat an abdomen and both flanks (4 areas) will take about one hour. If only the abdomen, it takes a half hour.

Q. How many treatments will be needed?

A. People typically see results after one treatment. Some people may elect to have a second treatment for final tweaks or for treatments on alternate areas.

Q. Can I return to normal activities after TruSculpt® 3D?

A. Yes, this is a noninvasive procedure and you can return to all normal activities immediately after the treatment.

Q. Can TruSculpt® 3D be used on all skin types?

A. Yes, this treatment can be done on all skin types.

Q. Is there any downtime after TruSculpt® 3D or side effects?

A. There is no downtime or side effect after this treatment. The treatment area may or may not feel tender following the treatment but this will resolve within a few days.

Q. When will I see results after TruSculpt® 3D?

A. After the treatment, your body's immune system will start to break down and flush out the fat cells that were treated leading to circumferential reduction. Everyone's body does so at a different rate however, on average, people will see results for fat around 6-8 weeks after the treatment and continuing improvement up to 3 months, however people report seeing tightening within two weeks of treatment.

Q. What can I expect during the Trusculpt® 3D treatment?

A. TruSculpt® 3D is comfortable and requires no anesthetic. During your treatment, a hand piece that emits radiofrequency energy is placed over the targeted area. Pulses of energy cause fat cells to heat up and shrink, promoting skin contraction for a slimming and smoothing effect. There is no downtime with this treatment, allowing you to return to your normal activity following treatment. Most people report it feels like a hot stone massage. Patients will see significant improvement approximately 12 weeks following 1 TruSculpt® 3D session. Additional sessions may be required to obtain desired results.

Q. How much does TruSculpt cost?

A. TruSculpt 3d is an elective procedure not covered by any insurance company. Some Health Savings Accounts include body sculpting for obesity. We take credit cards, cash and ATM. Our prices range from \$600 per treatment-2000 per treatment depending on the area (s) treated. Second areas are ½ price if both areas are done at the same treatment time. You will receive a written quote at the time of consultation.