



### Tru Sculpt 3D Medical History Form

Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Best Phone Number \_\_\_\_\_

Restrictions on contacting you? No Yes If yes please specify \_\_\_\_\_

Email \_\_\_\_\_

#### Relevant Medical History:

1. Are you allergic to any medications, latex, foods or other substances? YES\* NO \*If YES Please list: \_\_\_\_\_

\_\_\_\_\_

2. Are you currently taking prescription, herbal, or over the counter medication? YES\* NO \*If YES Please

explain: \_\_\_\_\_

\_\_\_\_\_

3. List all past and current medical conditions. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

4. Have you had any surgeries? YES\* NO \*If YES Please list: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

5. Do you have any metal in your body? YES\* NO \*If YES Please list and explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

6. Are you currently pregnant or nursing? YES\* NO

7. If you are a woman of childbearing potential are you using birth control? YES\* NO\* \*Please explain:

\_\_\_\_\_

8. Do you have a history of any skin disease or sensitivity? \*If YES Please explain: \_\_\_\_\_

\_\_\_\_\_

9. Do you know your Skin Type? Fitz. Skin Type: I II III IV V VI

10. What is your daily intake of water (cups)? 0-2 2-4 4-6 6-8 more

11. Do you engage in any light physical activity such as walking? Check which best applies:

Never Rarely Sometimes Always

12. Do any of the discussed contraindications apply to you? YES\* NO \*If YES Please explain: \_\_\_\_\_

\_\_\_\_\_

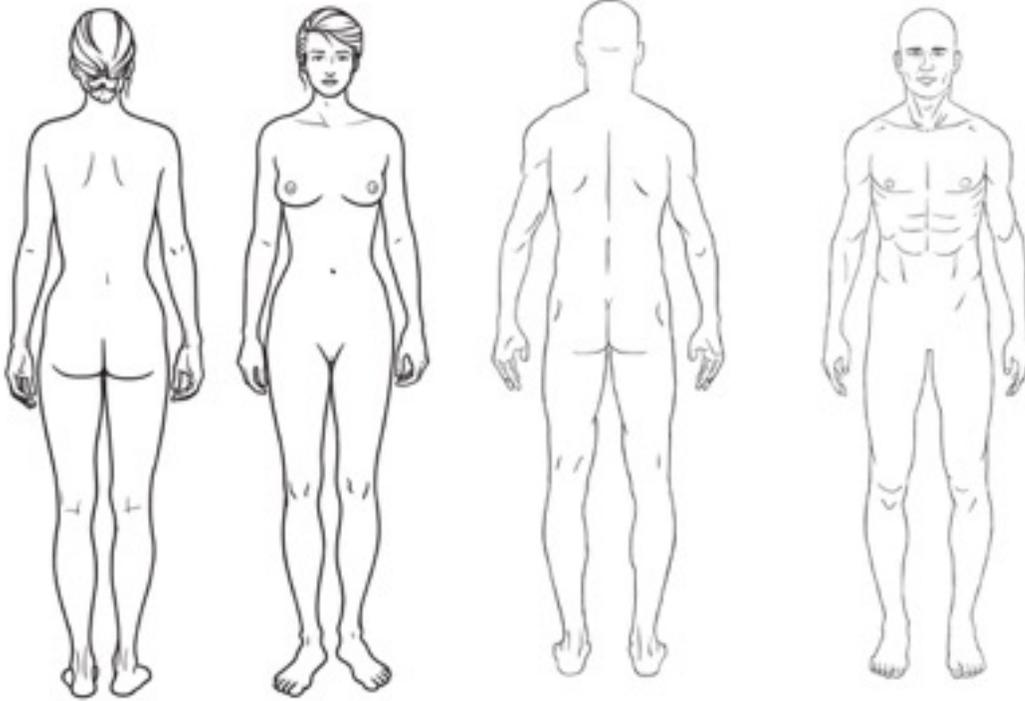
| <b>History:</b>                                |   | <b>Yes</b> | <b>No</b> | <b>N/A</b> | <b>Date</b> |
|--|---|------------|-----------|------------|-------------|
| Recent Sun Exposure                            | X | X          | X         |            | _____       |
| Previous Laser Treatments                      | X | X          | X         |            | _____       |
| Hair Removal                                   |   |            |           |            |             |
| Waxing, Plucking, Electrolysis                 | X | X          | X         |            | _____       |
| Accutane, last 6 months                        | X | X          | X         |            | _____       |
| Gold Therapy                                   | X | X          | X         |            | _____       |
| Coagulopathies                                 | X | X          | X         |            | _____       |
| Herpes/Cold Sores                              | X | X          | X         |            | _____       |
| Vitiligo                                       | X | X          | X         |            | _____       |
| History Melanoma                               | X | X          | X         |            | _____       |
| Keloids/Hypertrophic Scarring                  | X | X          | X         |            | _____       |
| Tattoos/Permanent Make-up                      | X | X          | X         |            | _____       |
| Fillers, Botox etc.                            | X | X          | X         |            | _____       |
| Pacemaker/Defibrillator                        | X | X          | X         |            | _____       |
| Implants/Surgeries in treatment area           | X | X          | X         |            | _____       |
| Decreased sensation/Numbness in treatment area | X | X          | X         |            | _____       |

13. Which area(s) are you interested in receiving Tru Sculpt treatments? Please list and mark the areas on the diagram.

Mark area(s) on diagram:

N/A

N/A



Patient signature below indicates that the above information is accurate and current.

Patient signature: \_\_\_\_\_

Date: \_\_\_\_\_

Clinician signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Clinic Treatment Notes**

**Baseline Measurements:** Date \_\_\_\_\_ Weight: \_\_\_\_\_ Lbs

Circumference: \_\_\_\_\_ CM

**Initial:**

- \_\_\_\_\_ Benefits of procedure discussed
- \_\_\_\_\_ Contraindications reviewed
- \_\_\_\_\_ Risks reviewed
- \_\_\_\_\_ Probability of success reviewed
- \_\_\_\_\_ Alternative procedures available

\_\_\_\_\_ Consent signed  
\_\_\_\_\_ Verbal and written post-treatment instructions given to patient  
\_\_\_\_\_ Pre-op photos taken  
\_\_\_\_\_ Appointment scheduled: Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Comments:**

**Signature of Consultant:** \_\_\_\_\_

**Post Tx Measurements:** Date \_\_\_\_\_  
Circumference: \_\_\_\_\_ CM

Weight: \_\_\_\_\_ Lbs

**Post Tx Measurements:** Date \_\_\_\_\_  
Circumference: \_\_\_\_\_ CM

Weight: \_\_\_\_\_ Lbs

**Post Tx Measurements:** Date \_\_\_\_\_  
Circumference: \_\_\_\_\_ CM

Weight: \_\_\_\_\_ Lbs

### **Tru Sculpt 3D Informed and Consent**

Area(s) to be treated: \_\_\_\_\_

1. I hereby authorize Furst MD Aesthetics to treat me using the Tru Sculpt system.
2. I understand the results may vary from person to person and that an exact result cannot be predicted.
3. I understand that completing a full treatment series, administered 7-14 days apart, is necessary to maximize treatment efficacy.



4. I understand that good dietary habits, sufficient intake of water and light physical activity are beneficial and may optimize results.
5. I understand there are certain risks associated with Tru Sculpt treatments and they include but are not limited to
  - ~ Redness
  - ~ Edema of the skin, subcutaneous fat, and muscle tissue due to excessive heating
  - ~ Tissue tenderness
  - ~ BruisingAlthough unlikely, adverse effects such as skin burns and blisters may occur due to excessive heating.
6. I understand that the treatment may involve risks of complications or injury from both known and unknown causes, and I freely assume these risks.
7. I confirm that I do not have an inserted pacemaker, internal defibrillator, or metal implants. I am not pregnant or breastfeeding.
8. I have been advised to increase my water intake at least 24 hours before and after treatment. On the day of treatment, I will need to wear comfortable clothing and may have to remove all jewelry. The treatment area(s) will be exposed to various degrees of heat from the Tru Sculpt system. I may experience intense heat.
9. I agree to before and after treatment photographs, measurements, and weight as this will help in the evaluation of the results of the treatment.
10. I certify that I have read this entire document and that I agree with all provisions. I certify that I have had the opportunity to ask questions and these questions have been answered in full to my satisfaction. I fully understand the treatment conditions, the procedure and possible side effects.

**I hereby give my consent and authorization and release Furst MD Aesthetics and its Staff, of any claims that I have in the future connection with the described treatment.**

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

WITNESS: \_\_\_\_\_ DATE: \_\_\_\_\_

### **Recommended Pre & Post Care for Tru Sculpt 3D Treatments**

*For best results please follow these instructions*

**Before your treatment:**

- Excess hair may need to be shaved
- Notify clinic with any changes to your health history or medications since your last appointment

**After your treatment:**

- Tenderness, redness and swelling may occur and resolve within 24 hours
- Multiple treatments may be required
- Notify clinic if any of the following occur:

- Blister, crusting or skin burns
- Tenderness, redness or swelling persisting longer than 24 hours
- Nodules or lumps in the treatment area
- May develop up to 72 hours post-treatment

• Additional instructions: \_\_\_\_\_

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If you have any questions, please contact us at: 703-941-9552.