

COLONOSCOPY SUPREP

Date Of Procedure: ____/____/____ Time: ____ : ____ AM/PM

Report to Digestive health (900 W. Nelson) Arrive at: ____ : ____ AM/PM



THE DAY BEFORE THE PROCEDURE





NO SOLID FOOD. THE ENTIRE DAY BEFORE YOUR EXAM YOU MUST BE ON A CLEAR LIQUID DIET ALL DAY





Medications:

- Blood pressure and heart medication may be taken until 7AM the morning of your procedure with a sip of water.
- If you are on Pradaxa, Xarelto, Brilinta or Eliquis discontinue 2 days prior to your test.
- If you are on Plavix, Clopidogrel, **Coumadin** or **Warfarin discontinue 5 days to test.**
- If you are on any aspirin you may continue taking.

Diabetics:

- Do not take diabetic medications the day of your test. Please check your blood sugar at home the morning of your test.

| Tea and Coffee | Apple/ Grape Juice | Lemonade | Carbonated Drink |
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| Sports Drinks | Jell-O | Broth/Coconut Water | Honey/Sugar |
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THE EVENING BEFORE YOUR PROCEDURE:

- At **5:00 P.M.** in the evening you will start to drink the **1st bottle of SUPREP**
- Pour the bottle into the mixing container. Add water to the 16-ounce line on the container and mix. Drink all the liquid in the container.

NO EATING OR DRINKING AFTER MIDNIGHT EXCEPT FOR BOWEL PREP



Day Of Procedure:

- You will need to drink the **2nd bottle of SUPREP 4-5 hours before your procedure.** Exactly the same way you did the night before.
- Since you will receive IV anesthesia for this procedure, someone has to drive you home.

Insurance:

- It is very important that you contact your insurance company to see if your test will be covered or not.
- It is your responsibility to notify our office of any changes to your insurance at least 3 days prior to the test.

CANCELLATION FEE:

- Due to escalating costs, failure to give cancellation of your procedure will result in a \$100.00 cancellation fee. Notifications must be given 3 days prior to the test.

THE HOSPITAL WILL CALL YOU 1 WEEK PRIOR TO YOUR PROCEDURE TO SET UP COVID TESTING. MUST BE DONE 3 DAYS PRIOR TO YOUR TEST. AFTER GETTING TESTED YOU MUST QUARANTINE UNTIL THE DAY OF YOUR TEST.