



Dr. James S. Ashford

Dr. James Ashford is a board-certified Anesthesiologist and Pain Management Physician.

Fellowship Trained, Pain - University of Florida, Gainesville / Medical School - Medical College of Georgia, Augusta Anesthesiology Residency- Jackson Memorial Hospital, Miami



CONDITIONS WE TREAT

- Achilles Tendinitis
- Acute Headaches
- Arthritis
- Back Pain
- Bulging Disc
- Cancer Pain
- Carpal Tunnel Syndrome
- Chronic Pain
- Complex Regional Pain Syndrome
- Degenerative Disc Disease
- Face Pain
- Fibromyalgia
- Foot Pain
- Hammer Toe
- Headaches
- Heel Spur
- Hip and Leg Pain
- Joint Pain
- Diabetic Peripheral Neuropathy
- Extruded Discs
- Knee Pain
- Low Back Pain
- Migraine Headaches
- Motor Vehicle Injuries
- Neck Pain
- Osteoarthritis
- Pelvic Pain
- Phantom Limb Pain
- Piriformis Syndrome
- Plantar Fasciitis
- Post Herpetic Neuralgia
- Post Laminectomy Syndrome
- Prolapsed Disc
- Reflex Sympathetic Dystrophy
- Rotator Cuff Tear
- Sacroiliac Joint Pain
- Sciatica
- Scoliosis
- Shingles
- Shoulder Pain
- Spinal Stenosis
- Tension Headaches
- Testicular Pain
- Trigeminal Neuralgia
- Upper Back Pain
- Vertebral Body Fractures
- Vertebral Compression Fractures
- Whiplash Pain

TREATMENTS

Spinal Cord Stimulator Procedure and Permanent Implantation
 Vertebral Augmentation/Kyphoplasty
 Lumbar Sympathetic Block

EPIDURAL STERIOD INJECTIONS

Medial Branch Nerve Blocks for Neck, Mid, and Lower Back Pain
 Radiofrequency Treatment of the Medial Branch Nerves
 Sacroiliac Joint Steroid Injection
 Trigger Point Injections

ADDITIONAL SERVICES

Massage Therapy
 Acupuncture
 Group Therapy

REFERRAL FORM

DATE: _____ REASON FOR REFERRAL: _____

PATIENT NAME: _____

PHONE: _____

INSURANCE: YES NO

REFERRING PHYSICIAN: _____

PRACTICE PHONE NUMBER: _____