

## Plymouth Psych Group

# ASD INTENSIVE OUTPATIENT PROGRAM

for adolescents on the autism spectrum  
or with related social and emotional deficits



**MEETS IN PERSON MONDAY-THURSDAY**

2 hours each day for 4-8 weeks depending on client needs

### **PARTICIPANT CRITERIA:**

- Adolescents age 12-18
- Autism spectrum or related diagnosis
- Recent hospital stay or participation in a partial hospitalization program
- Ability to participate in a group setting with peers

### **TREATMENT APPROACH:**



This program seeks to correct severe disruptive behaviors through intensive development and rehearsal of appropriate communication and emotional regulation skills.

A unique treatment plan is created for each child and is delivered by a multi-disciplinary care team of psychiatrists, nurse practitioners and therapists. A required weekly parent education component enables caregivers to use the treatment both at home and in the community.

## **CONTACT US FOR AN ASSESSMENT**

### **PLYMOUTH PSYCH GROUP**

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