

COLONOSCOPY INSTRUCTIONS

Date Of Procedure: ____/____/____ Time: ____:____ AM/PM

Report to Digestive health GI LAB (900 W. Nelson) Arrive at: ____:____ AM/PM



THE DAY BEFORE THE PROCEDURE





NO SOLID FOOD. THE ENTIRE DAY BEFORE YOUR EXAM YOU MUST BE ON A CLEAR LIQUID DIET ALL DAY.



MEDICATIONS:

- Blood pressure and heart medication may be taken until 7AM the morning of your procedure with a sip of water.
- If you are on Pradaxa, Xarelto or Eliquis discontinue 2 days prior to your test.
- If you are on Plavix, Clopidogrel, Coumadin or Warfarin discontinue 5 days prior to test.
- If you are on any aspirin you may continue taking.

DIABETICS:

- Do not take diabetic medications the day of your test. Please check your blood sugar at home the morning of your test.

Tea and Coffee	Apple/ Grape Juice	Lemonade	Carbonated Drink
			

Sports Drinks	Jell-O	Broth/Coconut Water	Honey/Sugar
			

THE EVENING BEFORE YOUR PROCEDURE



- At 5:00 PM start drinking the **GOLYTELY**.
- Drink an 8-ounce glass of golytely solution every 15 minutes until it is half way through.
- Refrigerate the remaining half of solution for the morning of your test.

NO EATING OR DRINKING AFTER MIDNIGHT BUT THE ½ OF PREPARATION

DAY OF PROCEDURE:

- You will need to drink the **2nd half of preparation 4-5 hours before your test.**
The same way you did the night before.
- Since you will receive IV anesthesia for this procedure, you may not drive yourself home. Make sure to make arrangements for a ride home.

INSURANCE:

- It is very important that you contact your insurance company to see if your test will be covered or not.
- It is your responsibility to notify our office of any changes to your insurance at least 3 days prior to your procedure.

CANCELLATION FEE:

- Due to escalating costs, failure to give cancellation of your procedure will result in a \$100.00 cancellation fee. Notifications must be given 3 days prior to the test.

**THE HOSPITAL WILL CALL YOU 1 WEEK PRIOR TO YOUR PROCEDURE TO SET UP COVID TESTING.
MUST BE DONE 3 DAYS PRIOR TO YOUR TEST.
AFTER GETTING TESTED YOU MUST QUARANTINE UNTIL THE DAY OF YOUR TEST.**