



GOLONOSCOPY 2 DAY PREP

Date Of Procedure: ____/____/____ Time: ____ : ____ AM/PM

Report to Digestive health GI LAB (900 W. Nelson) Arrive at: ____ : ____ AM/PM

Medications:

- Blood pressure and heart medication may be taken until 7AM the morning of your procedure with a sip of water.
- If you are on Pradaxa, Xarelto or Eliquis discontinue 2 days prior to your procedure
- If you are on Plavix, Clopidogrel, Coumadin or Warfarin discontinue 5 days prior to your procedure.
- If you are on any aspirin you may continue taking.

Diabetics:

- Do not take diabetic medications the day of your test. Please check your blood sugar at home the morning of your test.

2 DAYS BEFORE THE PROCEDURE:

- You may have a regular light breakfast and lunch.
- **At 5:00 PM Begin to drink clear liquids** (Examples: Chicken Broth, Gatorade, Tea, Popsicles, Black Coffee you may have clear liquids until midnight.)
- You may NOT have liquids that are red or purple (Examples: Grape Juice, Cranberry Juice.) or any milk/dairy products.
- **At 7:00 PM Drink the 1st bottle of SUPREP.** Continue a clear liquid diet.











THE DAY BEFORE THE PROCEDURE:

NO SOLID FOOD. THE ENTIRE DAY BEFORE YOUR EXAM YOU MUST BE ON A CLEAR LIQUID DIET ALL DAY

- Continue with clear liquids
- **At 7:00 AM Start to drink the 2nd bottle of SUPREP**
- **At 5:00 PM Begin to drink GOLYTELY**
- Drink an 8 ounce glass of solution every 15 minutes until the bottle is half empty.

Continue Drinking Clear Drinks:

Tea and Coffee	Apple/ Grape Juice	Lemonade	Carbonated Drink
			
Sports Drinks	Jell-O	Broth/Coconut Water	Honey/Sugar
			

NO EATING OR DRINKING AFTER MIDNIGHT EXCEPT FOR BOWEL PREP

Day Of Procedure:

- Drink the rest of the **GOLYTELY** solution at least 4-5 hours before your procedure. Exactly the same way you did the night before.
- Since you will receive IV anesthesia for this procedure, you may not drive yourself home. Make sure to make arrangements for a ride home.

INSURANCE:

- It is very important that you contact your insurance company to see if your test will be covered or not.
- It is your responsibility to notify our office of any changes to your insurance at least 3 days prior to your procedure.

CANCELLATION FEE:

- Due to escalating costs, failure to give cancellation of your procedure will result in a \$100.00 cancellation fee. Notifications must be given 3 days prior to the test.

THE HOSPITAL WILL CALL YOU 1 WEEK PRIOR TO YOUR PROCEDURE TO SET UP COVID TESTING.

MUST BE DONE 3 DAYS PRIOR TO YOUR TEST.

AFTER GETTING TESTED YOU MUST QUARANTINE UNTIL THE DAY OF YOUR TEST.