



Small Bowel Capsule Endoscopy








Date Of Procedure: ____/____/____ Time: 7 : 30 AM
 Report to Digestive Health GI LAB (900 W. Nelson) Arrive at: 7 : 00 AM

On the day before the test

- If you take any aspirin you may continue to take.
- You may eat a regular breakfast, after breakfast start a clear liquid diet.
- **NO SOLIDS, NO RED, OR ANY PURPLE DRINKS (Cranberry, Grape Juice)**
- **At 6:00 PM** you will need to drink one bottle of **Magnesium Citrate** that is available over the counter.

NOTHING TO EAT OR DRINK AFTER MIDNIGHT

Do not take any iron supplements for 1 week prior to your exam date. Including any multivitamins

<p align="center">Tea and Coffee</p> 	<p align="center">Apple/ Grape Juice</p> 	<p align="center">Lemonade</p> 	<p align="center">Carbonated Drink</p> 
<p align="center">Sports Drinks</p> 	<p align="center">Jell-O</p> 	<p align="center">Broth/Coconut Water</p> 	<p align="center">Honey/Sugar</p> 