

# INSTRUCTIONS FOR COLONOSCOPY PREP

## CLENPIQ

**READ THIS CAREFULLY AS SOON AS YOU RECEIVE IT!!!**

GI Physicians Inc  
419-228-2600

**ONE WEEK PRIOR TO THE PROCEDURE:** Do not take iron pills, vitamins with iron, or medications that can cause bleeding. These include: Aspirin, Coumadin/Warfarin, Plavix/Clopidogrel, Eliquis, Pradaxa, Savaysa, Effient, Xarelto, Percodan, Pletal, and Alka Seltzer. You must also stop anti-inflammatory type drugs including: Vioxx, Celebrex, Bextra, Empirin, Bufferin, Ascription, Ibuprofen, Motrin, Indocin, Diclofenac/Voltaren, Ticlid, Persantine, St Johns Wart and Garlic pills. *Tylenol and other brands which contain acetaminophen are safe to use prior to this procedure.*

Stop Sulfasalazine one day before the procedure.

**DO NOT** eat corn or popcorn. Discontinue fiber supplements. ex: Metamucil, Citrucel, Fiberall, etc. (Call the office if you have a question about any of your medications you can or cannot take)

### **ONE DAY BEFORE THE PROCEDURE:**

1. Clear liquids only (Water, Strained Fruit juices, orange juice without pulp, lemonade, Clear broth, Gatorade, carbonated & non carbonated soft drinks, kool-aid, Jell-O, and Popsicles (NO red, purple or blue). **(NO milk or milk products, coffee or tea) IF DIABETIC USE DIET SODA.**
2. At 7 AM drink first bottle of Clenpiq and drink 5 (five) 8oz glasses of water in the next 5 hours.
3. At 7PM drink the second bottle of Clenpiq and drink 4(four) 8oz cups of clear liquid in the next 2 hours.
4. Stay on clear liquids until bedtime.

### **ON THE DAY OF THE PROCEDURE:**

1. **Do not eat or drink anything that day.**
2. No smoking the day of your procedure.
3. Please bring all your medications with you and you may be instructed to take some of you medications after your arrival.
4. Please bring current insurance card and a photo ID with you to the hospital.
5. **Please leave all jewelry at home.**

### **YOU WILL NEED TO HAVE SOMEONE TO DRIVE YOU HOME AFTER THE PROCEDURE**

Date: \_\_\_\_\_ Procedure Time: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

\_\_\_\_\_  
St. Rita's Medical Center  
2<sup>nd</sup> Floor Outpatient Surgery  
Pre-register: 419-226-9660

\_\_\_\_\_  
Lima Memorial Hospital  
1<sup>st</sup> Floor Outpatient Surgery  
Pre-register 419-998-4607

\_\_\_\_\_  
CASE, LLC  
512 N Cable Rd  
Lima, OH 45805

**\*\*\*\*\*I have received, read and understand the above instructions.\*\*\*\*\***

**DATE:** \_\_\_\_\_ **Office Staff initials:** \_\_\_\_\_