MIRALAX PREPARATION FOR COLONOSCOPY ***(7 years and under)***

Please inform the nurse if you are on blood thinners, Coumadin, Plavix, Heparin, or if you are taking any Aspirin or related products (Celebrex, Mobic, Aleve, Alka-Seltzer, Ascriptin, Goodies, Vanquish, Darvon Compounds or Vitamin E). You may need to stop these medications eight days before your procedure or as instructed by the doctor. Stop iron supplements eight days before your procedure or as instructed by your doctor. Stop iron supplement eight days before your procedure.

Read the preparation sheet again when you get home. If you have any questions, please call our office and ask a nurse to assist you.

PLEASE INITIIAL THAT YOU HAVE READ THE INFORMATION ABOVE. _____

PATIENT NAME

_____

LOCATION

_____

DATE OF PROCEDURE _____Someone will call you the day before your procedure to confirm your actual time.

TENTATIVE ARRIVAL TIME: _____. This is a tentative time only. You will be called the day before your procedure to confirm the actual time. If your procedure is scheduled at a hospital, you will be given your arrival time the day you register.

ITEMS TO BE PURCHASED:
2-liter bottle of 64 oz. clear liquid (non carbonated, no RED drinks)
Miralax (255 g bottle)

ONE DAY BEFORE THE PROCEUDRE:

DO NOT EAT ANY SOLID FOOD THE ENTIRE DAY.

DIABETICS: No insulin or oral diabetic medications the day before your procedure. Please check with your family M.D. to see if this is acceptable.

DRINK PLENTY OF CLEAR LIQUIDS ALL DAY TO INSURE A COMPLETE CLEANING OUT. Examples: chicken broth, Jell-O, popsicles, strained fruit juices, sprite or orange Gatorade. DO NOT EAT ANYTHING THAT IS RED, PURPLE, GREEN OR ANY SOLID FOODS THE ENTIRE DAY.

1. At 1:00 pm mix one 4 oz. glass of clear liquid (ex: apple juice, water or white grape juice) with one capful of Miralax and drink.

2. Repeat every 15 minutes until you have finished the 2-liter/ 64 oz fluid. It is about 8 glasses. You will have some Miralax left, but this is okay.

NOTHING BY MOUTH AFTER MIDNIGHT (12) A.M. unless you are taking heart or blood pressure medications, take with just a sip of water.

THE MORNING OF THE PROCEDURE:

1. TAKE YOUR HEART OR BLOOD MEDICATIONS AS DIRECTED WITH A SIP OF WATER ONLY.

2. YOU MUST HAVE SOMEONE DRIVE YOU HOME AFTER YOUR PRECEDURE.

After the procedure is finished, please ask the doctor when he/she would like to see you back in his/her office. It will be your responsibility to contact the office the next day to make your follow up appointment.

THIS IS TO CERTIFY THAT THE ABOVE INSTRUCTIONS HAVE BEEN EXPLAINED TO ME AND THAT I UNDERSTAND THEM. SHOULD I HAVE ANY QUESTIONS, I KNOW I SHOULD CONTACT THE OFFICE AND ASK FOR A NURSE TO ASSIST ME.

PATIENT NAME DATE

WITNESS

IF YOU EAT OR DRINK ANYTHING, INCLUDING WATER, THE MORNING OF YOUR PROCEDURE, (except a sip of water to take your heart or blood pressure medicine) YOUR PROCEDURE WILL BE CANCELLED. Your driver must be present at check in, if you do not have a driver, YOUR PROCEDURE WILL BE CANCELLED.