

Capsule Endoscopy Givens Capsule Instructions

The Day Before the Givens Capsule:

- 1. Patient may eat breakfast and a light lunch.
- 2. After lunch <u>CLEAR LIQUIDS ONLY</u> (nothing Red, Purple, Green, or Blue) (only Orange, Yellow, and Clear).
- 3. Nothing by mouth after 10 p.m.
- 4. Two hours prior to appointment time take 1 Reglan 5mg with a sip of water.