

Common side effects of Covid-19 vaccine:

Please see the following link re: what to expect after the vaccine.

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/expect/after.html>

The most common side effects (similar to other vaccines) are:

- Localized arm pain or swelling; and
- Fever/chills, fatigue and headache.

These are all signs that your immune system is ***responding appropriately***.

Rare side effect of the Covid-19 vaccine:

There is currently a precaution for those with a history of ***severe*** allergic reaction /anaphylaxis to any component of the vaccine. This is mostly a concern for people who have had an anaphylactic reaction to an injectable medication.

What does the CDC Recommend?

If you have ever had a severe allergic reaction to any ingredient in a COVID-19 vaccine, the CDC recommends that you should not get that specific vaccine. If you have had a severe allergic reaction to other vaccines or injectable therapies, you should ask your doctor if you should get a COVID-19 vaccine. Your doctor will help you decide if it is safe for you to get vaccinated.

CDC recommends that people with a history of:

- Severe allergic reactions, ***NOT*** related to vaccines or injectable medications — such as allergies to food, pets, venom, environmental, or latex — ***may still get vaccinated***.
- Allergies to oral medications or a family history of severe allergic reactions, or who might have a milder allergy to vaccines (no anaphylaxis) — ***may also still get vaccinated***.

If you have a severe allergic reaction after getting the first shot, you should not get the second shot. Your doctor may refer you to a specialist in allergies and immunology to provide more care or advice.