

Prime Regenerative and Pain Management
402 Chatham Square Office Park
Fredericksburg, VA 22405
(540) 659-5414

Pain Questionnaire

The purpose of this questionnaire is to obtain a complete assessment of you and your pain problems. This is a long questionnaire because pain is a very complex problem that affects all aspect of your life. We are trying to evaluate how the pain has affected your life so that we can make the best recommendation possible to assist you in your recovery. This record is confidential and no one can see it without your permission.

Patient's Name: _____ D.O.B.: _____ Age: _____

Date: _____

Signature/Relationship of person completing this form: _____

Patient Address: _____ Phone: (Home): _____

(Cell) _____

Referring Physician's name and address: _____

Are you currently receiving or in the process of receiving worker's compensation related to your problem? YES NO

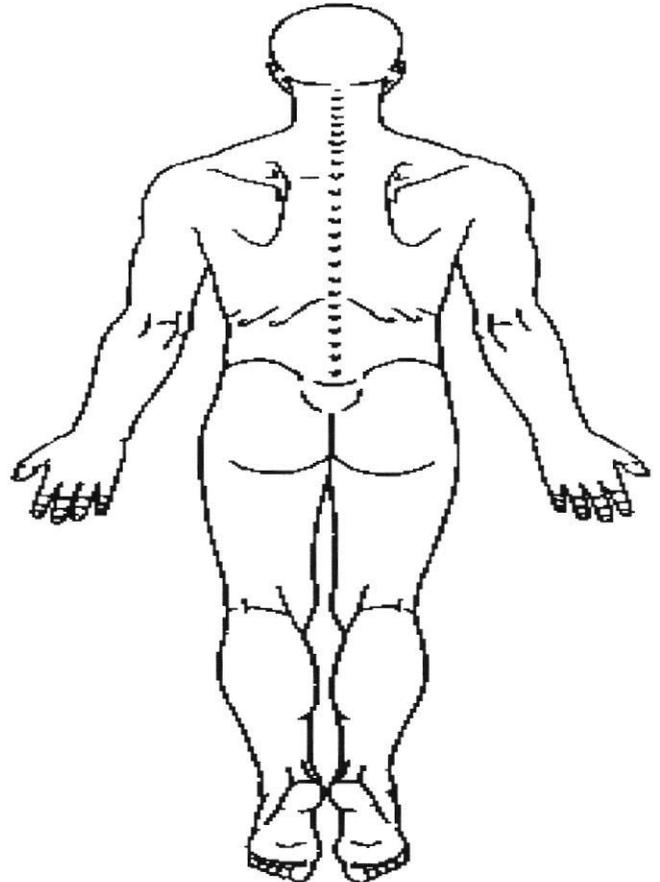
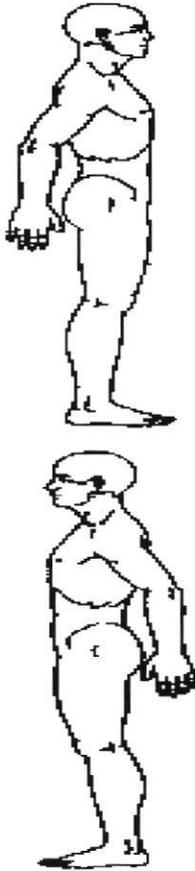
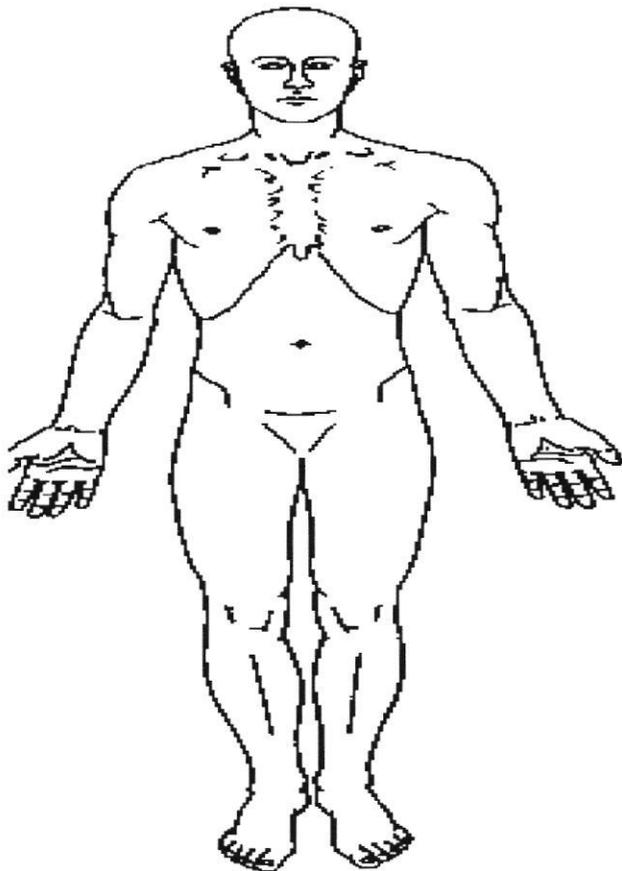
Are you involved in litigation related to your pain problem? YES NO

Pain Diagram

Pain: + + +

Numbness: - - -

Tingling: x x x



Pain History (Circle ones that apply)	Pain Intensity (Circle the one that applies)
Throbbing, Shooting, Stabbing, Sharp, Cramping, Gnawing, Hot burning, Aching, Numbness, Tingling, Dull, Pulling	0 1 2 3 4 5 6 7 8 9 10 0= No Pain 5= Moderate Pain 10= Worst Pain Number your pain when it is worst: _____ Number your pain when it is least: _____ Number your pain on average: _____

When did the pain begin?: _____

How did your pain begin?: _____

In general, when is your pain the worst?

Morning _____ Afternoon _____ Evening _____ Night _____ No pattern to the pain _____

How often do you have the pain?

Constantly (100% of time) _____ Nearly constantly(60-95% of time) _____
 Intermittent (30-60% of time) _____ Occasionally(less than 30% of time) _____

Please circle what makes your pain feel:

Worse: Walking Lifting Bending Lying Weather changes Standing Other: _____

Better: Heat Ice Rest Lying Weather changes Standing Medication: _____

Prior Treatments (Check all that apply)

	Helpful	Not Helpful
Surgery	<input type="checkbox"/>	<input type="checkbox"/>
Nerve Block	<input type="checkbox"/>	<input type="checkbox"/>
TENS	<input type="checkbox"/>	<input type="checkbox"/>
Physical Therapy	<input type="checkbox"/>	<input type="checkbox"/>
Occupational Therapy	<input type="checkbox"/>	<input type="checkbox"/>
Biofeedback	<input type="checkbox"/>	<input type="checkbox"/>
Psychology support	<input type="checkbox"/>	<input type="checkbox"/>

Diagnostic procedure done

Diagnostic Test	Body part evaluated	Date
Plain X-Rays		
MRI		
CT Scan		
EMG		
Bone Scan		
Discogram		
Myelogram		

Past Medical History

- Heart Problems _____
- Hypertension _____
- Circulation Problems _____
- Diabetes _____
- Kidney/Bladder Problems _____
- Liver Problems _____
- Cancer _____
- Blood Disorders _____
- Lung Problems/Asthma _____
- Intestinal Problems/Ulcers _____
- Blackouts/Falls _____
- Other _____
- Any medical Devices implanted in your body? _____
(i.e., pacemaker, portacath, pump, rods, prosthesis, etc.)

Past Surgical History

Name of Surgery	Date

Please list all medication and dosages you are currently taking. PLEASE DO NOT OMIT any blood thinners you may be taking; i.e., Coumadin, Lovenox, Heparin, Plavix, Aggranox, etc.

Please list all drug allergies

Social History

Are you married: Yes/No

Do you take care of other family members: Yes/No If yes, then who? _____

Previous/Current Occupation: _____

Are you currently working? Yes/No If not, why? _____

Do you have any legal issues that are current or pending related to your current medical problem? Yes/No
If yes, please specify _____

Do you smoke? Yes/No If yes, how many per day? _____

Recreational drug use? Yes/No

Alcohol use? Yes/No If yes, how many per day/week _____