

Eric Seth Millstein, MD

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Education

MD, University of Pennsylvania, Philadelphia, PA

July 1993 – June 1997

- George Marshall Award for Academic Excellence
- AOA
- Medical School Government

Rehabilitation Institute of Chicago, Northwestern University

Summer Externship 1994

- Spinal Cord Injury
- Pediatric Rehabilitation

BA, University of Pennsylvania, Philadelphia, PA

September 1989 – May 1993

- Mathematics Major
- Magna Cum Laude
- Benjamin Franklin Scholar
- University Scholar
- Pi Mu Epsilon Honor Society
- Dean's List 1990-93

Duke University, Madrid, Spain

Duke-in-Spain, Summer 1992

- Spanish Art, Civilization and Government
- Spanish Fluency

Harvard University, Cambridge, MA

Summer 1998

- General Relativity
- Psychology
- Philosophy of Logic

Training

Orthopedic Fellowship in Sports Medicine & Arthroscopy

Southern California Orthopedic Institute, Van Nuys, CA

August 2002 - December 2003

Orthopedic Surgery Residency

University of Chicago Hospitals, Chicago, IL

June 1998 – June 2002

General Surgery Internship

University of Chicago Hospitals, Chicago, IL

June 1997 – June 1998

Organizations

American Board of Orthopedic Surgery (ABOS) – Board Certified July 2006

American Academy of Orthopedic Surgeons (AAOS)

American Orthopedic Society for Sports Medicine (AOSSM)

Arthroscopy Association of North America (AANA)

American College of Sports Medicine (ACSM)

Leadership

AANA Communications Committee 2008-2010

AANA Technology Committee 2012-present

Arthroscopy Journal Reviewer 2010-present

AANA Fall Course Lab Instructor 2008-2011

Orthopedic Learning Center, Shoulder Arthroscopy Lab Instructor

Team Physician

Team Physician – Los Angeles Valley Junior College 2002

Team Physician – Harvard/Westlake High School 2002

Team Physician – Thornridge High School 1998-2001

Team Physician – Rich East High School 2000-2001

Research / Presentations

“The Effect of Aging on the Tegner Activity Level” Rajesh Bazaz MD, Eric S. Millstein MD, Ronald P. Karzel MD. *AOSSM 2005 Annual Meeting*

“Arthroscopic Evaluation and Repair of the Subscapularis Tendon: A Reproducible

- Technique and Clinical Results” with Stephen J. Snyder, MD. *Poster Exhibit at 2004 AAOS Annual Meeting, San Francisco, CA.*
- “Arthroscopic-assisted Quadruple Bundle Hamstring ACL Reconstruction: 10-15 Year Follow-up” with James Fox, MD. *Poster presentation at 2003 AOSSM Annual Meeting, Quebec, Canada.*
- “Arthroscopic Management of Partial, Full Thickness and Complex Rotator Cuff Tears: Indications, Techniques and Complications” with Stephen J. Snyder, MD. *Arthroscopy* . 2003 Dec; 19 Suppl 1:189-99
- “Rotator Cuff Tears: Arthroscopic Evaluation and Repair.” With Mark H. Getelman, MD and Stephen J. Snyder, MD. *Orthopedic Clinics of North America* 2003 Oct;34(4):507-20
- “ACL Injuries in the Skeletally Immature Athlete.”
- “Cyclical Testing of Distal Flexor Tendon to Bone Repairs: A Physiologic Cadaver Model” with Daniel P Mass, MD. 2000 – 2002
- “Primary Shoulder Sepsis” Eric S Millstein, MD, Jeff Visotsky, MD. The 8th International Congress on Surgery of the Shoulder, Cape Town, South Africa April 2001.
- “BMP-2 Stimulation of Human Fibroblasts: Osteogenesis in Fibrodysplasia Ossificans Progressiva” with Fred Kaplan, MD. 1997