

**THE METROPOLITAN NEUROSURGERY GROUP LLC  
POST-OPERATIVE QUESTIONNAIRE**

DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_

NAME: _____	Primary Care Physician: _____
D.O.B. _____	PCP Tel: _____ Fax: _____
SURGERY DATE: _____	Address: _____
SURGERY PERFORMED: _____	_____
_____	_____
Height: ____' ____"	Please list all physicians we should send today's visit note to:
Weight: _____ lbs.	_____
	_____
	_____

**HAS YOUR INSURANCE CHANGED RECENTLY? \_\_\_\_\_**  
**IF YES, PLEASE PROVIDE OUR OFFICE A COPY.**

**SYMPTOMS**

WHAT SYMPTOMS ARE IMPROVED SINCE YOUR LAST VISIT OR SURGERY?:  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

WHAT SYMPTOMS ARE WORSE SINCE YOUR LAST VISIT OR SURGERY?:  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**List the 3 top concerns that you would like to discuss today:**

- 1 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
- 2 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
- 3 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**NEW MEDICATIONS, PATCHES, CREAMS SINCE LAST VISIT (please print)**

Nr.	Medication	Dose	Frequency	Prescribing Physician	Since (year)
1					

NAME: \_\_\_\_\_

2					
3					
4					
5					
6					
7					
8					
9					
10					

**PAIN ASSESSMENT:**

Overall average pain level in region of surgery (0-10): \_\_\_\_\_

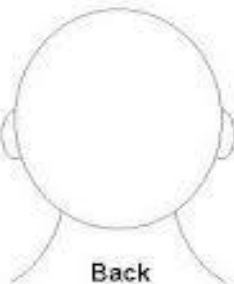
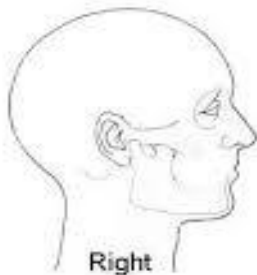
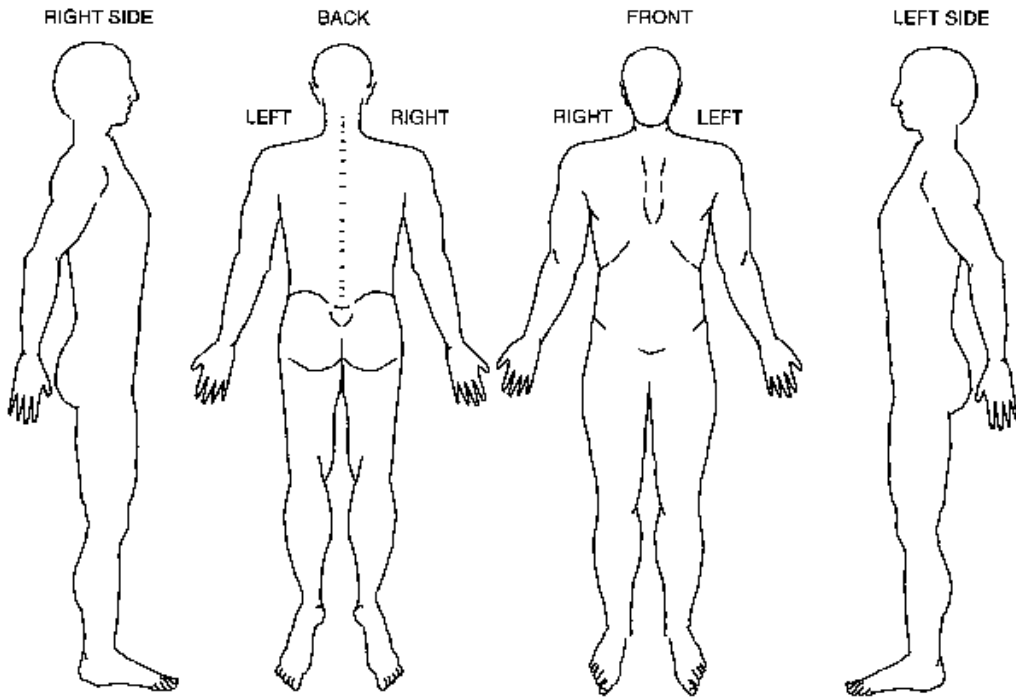
On a scale from 0-10 what is your worst pain level? \_\_\_\_\_

On a scale from 0-10 what is your best pain level? \_\_\_\_\_

Other pain? \_\_\_\_\_

**WHERE IS THE PAIN:**

Using the diagrams below, please indicate pain location



NAME: \_\_\_\_\_

**STANDING TIME (Please circle one)**

- 0 - On most occasions, I can stand as long as necessary without experiencing orthostatic symptoms
- 1- On most occasions, I can stand *more than 15 minutes* before experiencing orthostatic symptoms
- 2- On most occasions, I can stand *5-14 minutes before* experiencing orthostatic symptoms
- 3- On most occasions, I can stand *1-4 minutes before* experiencing orthostatic symptoms
- 4- On most occasions, I can stand *less than 1 minute before* experiencing orthostatic symptoms

**ORTHOSTATIC (Please circle one)**

**1. Frequency of orthostatic symptoms**

- 0- I *never or rarely* experience orthostatic symptoms when I stand up
- 1- I *sometimes* experience orthostatic symptoms when I stand up
- 2- I *often* experience orthostatic symptoms when I stand up
- 3- I *usually* experience orthostatic symptoms when I stand up
- 4- I *always* experience orthostatic symptoms when I stand up

**2. Severity of orthostatic symptoms**

- 0- I *do not* experience orthostatic symptoms when I stand up
- 1- I experience *mild* orthostatic symptoms when I stand up
- 2- I experience *moderate* orthostatic symptoms when I stand up and *sometimes* have to sit back down for relief
- 3- I experience *severe* orthostatic symptoms when I stand up and *frequently* have to sit back down for relief
- 4- I experience *severe* orthostatic symptoms when I stand up and *regularly faint* if I do not sit back down

**3. Conditions under which orthostatic symptoms occur**

- 0- I *never or rarely* experience orthostatic symptoms under any circumstances
- 1- I *sometimes* experience orthostatic symptoms under certain conditions, such as prolonged standing, a meal, exertion (e.g. walking), or when exposed to heat (e.g. hot day, hot bath, hot shower)
- 2- I *often* experience orthostatic symptoms under certain conditions, such as prolonged standing, a meal, exertion (e.g. walking), or when exposed to heat (e.g. hot day, hot bath, hot shower)
- 3- I *usually* experience orthostatic symptoms under certain conditions, such as prolonged standing, a meal, exertion (e.g. walking), or when exposed to heat (e.g. hot day, hot bath, hot shower)
- 4- I *always* experience orthostatic symptoms when I stand up; the specific conditions do not matter

**4. Activities of daily living**

- 0- My orthostatic symptoms *do not interfere* with activities of daily living (e.g. work, chores, dressing bathing)
- 1- My orthostatic symptoms *mildly interfere* with activities of daily living (e.g. work, chores, dressing bathing)
- 2- My orthostatic symptoms *moderately interfere* with activities of daily living (e.g. work, chores, dressing bathing)
- 3- My orthostatic symptoms *severely interfere* with activities of daily living (e.g. work, chores, dressing bathing)
- 4- My orthostatic symptoms *severely interfere* with activities of daily living (e.g. work, chores, dressing bathing)/ *I am bed or wheelchair bound because of my symptoms*

NAME: \_\_\_\_\_

**WOOD MENTAL FATIGUE INVENTORY**

**In the last month, have you been bothered by each of the following? (Please check the most appropriate box)**

	<b>Not at All</b>	<b>A Little</b>	<b>Some-what</b>	<b>Quite A Lot</b>	<b>Very Much</b>	
Spells of confusion	( )	( )	( )	( )	( )	
Thoughts getting mixed up	( )	( )	( )	( )	( )	
Poor Concentration	( )	( )	( )	( )	( )	
Difficulty making decisions	( )	( )	( )	( )	( )	
Poor memory for recent events	( )	( )	( )	( )	( )	
Can't take things in when speaking to people	( )	( )	( )	( )	( )	( )
Thoughts are slow	( )	( )	( )	( )	( )	
<b>(CONTINUED)</b>						
Muzzy or foggy head	( )	( )	( )	( )	( )	
Can't find the right words	( )	( )	( )	( )	( )	
<b>Scoring for each item:</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	

**The following items are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? (Circle One Number on Each Line)**

	Yes, Limited a Lot (1)	Yes, Limited a Little (2)	No, Not limited at All (3)
Vigorous activities, such as running, lifting heavy objects, participating in strenuous sports	1	2	3
Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf	1	2	3
Lifting or carrying groceries	1	2	3
Climbing several flights of stairs	1	2	3
Climbing one flight of stairs	1	2	3
Walking more than a mile	1	2	3
Walking several blocks	1	2	3
Walking one block	1	2	3
Bathing or dressing yourself	1	2	3

NAME: \_\_\_\_\_

Indicate severity using number scale   1 = None   2 = Mild   3 = Moderate   4 = Severe   5 = Incapacitating											
<b><u>NEUROLOGICAL</u></b>					<b><u>MUSCULOSKELETAL</u></b>						
Hyperacusis/sensitivity to noise	1	2	3	4	5	Neck pain on bumpy roads	1	2	3	4	5
ringing in the ears	1	2	3	4	5	Muscle pain at rest	1	2	3	4	5
Loss of hearing	1	2	3	4	5	Cramps/stiff muscles	1	2	3	4	5
Balance disorder	1	2	3	4	5	Pain in legs while walking	1	2	3	4	5
Vertigo (room spinning around)	1	2	3	4	5	Back pain when lying down	1	2	3	4	5
Dizziness/lightheadedness	1	2	3	4	5	Scoliosis	1	2	3	4	5
Shaking episodes (dystonias)	1	2	3	4	5	Back pain walking up incline	1	2	3	4	5
Seizures	1	2	3	4	5	Lower back pain	1	2	3	4	5
Tremors	1	2	3	4	5	Sacral pain	1	2	3	4	5
Headache	1	2	3	4	5	Sleep with knees bent	1	2	3	4	5
Neck pain	1	2	3	4	5	<b><u>CARDIOVASCULAR/AUTONOMIC NERVOUS SYSTEM</u></b>					
Loss of consciousness/syncope	1	2	3	4	5	Feeling heart beats/palpitations	1	2	3	4	5
Pre-syncope	1	2	3	4	5	Chest tightness/pain at rest	1	2	3	4	5
Concentration difficulties	1	2	3	4	5	Chest pain on exertion	1	2	3	4	5
Memory loss	1	2	3	4	5	Shortness of breath at night	1	2	3	4	5
Blurred vision	1	2	3	4	5	Shortness of breath at rest	1	2	3	4	5
Double vision	1	2	3	4	5	Shortness of breath on exertion	1	2	3	4	5
Teichopsia (vision flashes)	1	2	3	4	5	Fingers change color with temperature	1	2	3	4	5
Photosensitivity (light sensitivity)	1	2	3	4	5	Excessive sweating	1	2	3	4	5
Hyperolfaction (sensitivity to smell)	1	2	3	4	5	Heat intolerance	1	2	3	4	5
Facial numbness	1	2	3	4	5	Elevated temperature of >101.5 °	1	2	3	4	5
Paresthesia/tingling/sensory loss	1	2	3	4	5	Sleep disturbances	1	2	3	4	5
Leg weakness	1	2	3	4	5	Abnormally dilated pupils	1	2	3	4	5
Arm weakness	1	2	3	4	5	<b><u>GASTROINTESTINAL</u></b>					
Nausea/vomiting	1	2	3	4	5	Abdominal pain	1	2	3	4	5
Poor coordination	1	2	3	4	5	Bloating	1	2	3	4	5
Speech difficulty	1	2	3	4	5	Constipation	1	2	3	4	5
Hoarseness	1	2	3	4	5	Heart burn/ GERD	1	2	3	4	5
Choking	1	2	3	4	5	Diarrhea	1	2	3	4	5
Difficulty swallowing	1	2	3	4	5	Black stool/blood in stool	1	2	3	4	5
<b><u>CONSTITUTIONAL</u></b>					Loss of bowel control						
Fatigue	1	2	3	4	5	<b><u>GENITOURINARY</u></b>					
Rashes	1	2	3	4	5	Burning with urination (dysuria)	1	2	3	4	5
Easily bruised	1	2	3	4	5	Increased frequency / urination	1	2	3	4	5
Joint pain	1	2	3	4	5	Loss of bladder control	1	2	3	4	5
Poor wound healing	1	2	3	4	5	Nocturia (urination at night)	1	2	3	4	5
Frequent infections	1	2	3	4	5	Difficulty initiating stream	1	2	3	4	5
Anemia	1	2	3	4	5	Unable to empty bladder	1	2	3	4	5
Excessive bleeding	1	2	3	4	5	Enuresis (bedwetting)	1	2	3	4	5
Swollen lymph nodes	1	2	3	4	5	<b><u>PSYCHIATRIC</u></b>					
Thyroid disorder	1	2	3	4	5	Depression	1	2	3	4	5
					Anxiety/panic						
							1	2	3	4	5

NAME: \_\_\_\_\_

**KARNOSKY SCALE (Please circle one)**

- 100% - Normal; no complaints and no evidence of disease
- 90%- Able to carry on normal activities; minor signs or symptoms of disease
- 80%- Normal activities but with effort; some signs of symptoms or disease
- 70%- Cares for self, but is unable to carry on normal activities or to do active work
- 60%- Requires occasional assistance, but is able to care for most needs
- 50%- Requires considerable assistance and frequent medical care
- 40%- Disabled; requires special care and assistance
- 30%- Severely disable; hospitalization is indicated but death is not imminent
- 20%- Hospitalization necessary, very sick, active supportive treatment necessary
- 10%- Moribund; fatal processes progressing rapidly

**Satisfaction with Surgery:** (1) Not satisfied (2) Neutral (3) Somewhat Satisfied (4) Very Satisfied with Result

**OTHER PERTINENT INFORMATION YOU WOULD LIKE TO ADD:**

---

---

---

---

---

---

---

---