



## Patient Instructions for Vascular Procedures

The Surgery Suite Nurse will call you the day before your procedure to give you a time of arrival. If you have any questions, please call 706-549-8306 and ask to speak with a **Nurse in the Surgery Suite**.

- **Nothing to eat or drink after midnight the day before procedure.** (You may take BP, Heart, Seizure, Thyroid, Reflux medications with a sip of water the morning of the procedure.)
- **Please arrange for someone to drive you home from your procedure.** You will need someone to be with you at all times for 24 hours after procedure in case of emergency.
- **University Vascular reserves the right not to perform your procedure, if you do not bring a driver with you or if you have eaten.**

*\*Please note that you will be in our surgery suite for several hours.*

It is essential that the following medications be held prior to your procedure (Failure to do so may cause a **delay** or even **cancellation** of your procedure:

- Metformin (Brand Names: Glucophage, Glumetza, Fortamet): *Hold 48 hours prior to procedure*
  - Some medications that include metformin are:
    - Avandamet
    - Glucovance
    - Metaglip
    - Jentaduetto
    - ActosPlus Met (regular Actos does not contain metformin)
    - PrandiMet
    - Janumet
- **Coumadin (Warfarin, Jantoven):** *Hold 3 days prior to procedure*
- **Pradaxa:** *Hold 3 days prior to procedure*
- **Eliquis:** *Hold 48 hours prior to procedure*
- **Xarelto:** *Hold 24 hours prior to procedure*
- **Effient:** *Hold 24 hours prior to procedure*
- **Lovenox:** *Hold 12 hours prior to procedure*
- **Insulin/other diabetic medications:** *Hold morning of procedure*
- **Plavix (Clopidogrel):** *Do not stop*
- **Aspirin:** *Do not stop*
- **Zontivity:** *Do not stop*
- **Brilinta:** *Do not stop*

University Vascular

1357 Oconee Connector, Building 300, Watkinsville, GA 30677 • (P) 706.549.8306 • (F) 706.549.4099

1856 Thompson Bridge Road, Suite 102, Gainesville, GA 30501 • (P) 770.535.1948 • (F) 678.971.4090

[www.gasurgery.com](http://www.gasurgery.com)