

Allergy Questionnaire

Name: _____ D.O.B. _____ Age _____

Date _____ M _____ F _____ Occupation _____

Do You have any of these systems? (Check all that apply)

____ Cough	____ Runny Nose	____ Nasal Congestion
____ Wheezing	____ Itchy Nose	____ Shortness of breath
____ Chest tightness	____ Itchy/watery eyes	____ Sneezing
____ Postnasal drip	____ Ear Infections	____ Blocked ears
____ Phlegm	____ Sinus infections	____ Hives/Swelling
____ Headaches	____ Snoring	____ Fatigue
____ Eczema	____ Nasal Polyps	____ Poor Sense of smell
____ Other _____		

Check any of the following that seems to trigger (or cause) your systems to bother you.

____ Grass	____ Cats	____ Dogs
____ Hay	____ Odors	____ Perfumes
____ Mold/Mildew	____ Leaves	____ Household dust
____ Exercise	____ Smoke	____ Weather Changes
____ Latex	____ Humidity	____ Aerosol sprays
____ Cosmetics	____ Insecticides	____ Pollution

When are your systems worse?

____ January	____ February	____ Year Round	____ March	____ April
____ May	____ June	____ July	____ August	
____ September	____ October	____ November	____ December	

Have you been skin tested? ____ Yes ____ No Results _____

Have you ever had allergy injections? ____ Yes ____ No When? _____

Have you received Cortisone(prednisone, methylprednisolone, etc) ____ Yes ____ No

Environmental Survey

Do you live in the ____ City ____ Suburbs ____ Rural Area

Do You have a basement? ____ Yes ____ No

Do you smoke or anyone in your home? ____ Yes ____ No

Is your house built on a slab? ____ Yes ____ No

Heating system is in your home? ____ Hot Air ____ Radiator ____ Electric ____ Baseboard

Do you have a **Humidifier** ____ Yes ____ No **Air Cleaner** ____ Yes ____ No **Fireplace** ____ Yes ____ No

Do you have Pets? How Many? ____ Dogs ____ Cats ____ Birds ____ Other _____

