



Client Health History

Last Name: First Name: DOB: Sex: F / M
Address: City: State: ZIP:
Phone: (Cell) (Home) Ok to leave messages? Y/N
E-mail Address: Join Email List for Specials? Y/N

Your e-mail address is used for 1-3 promotional e-mails a month and will never be shared or sold.

How would you like to receive appointment reminders? Phone Call Text Message Email None*
*Please note that failure to keep your appointment or cancel within 24 hours may result in additional fees. See Policies for details.

Current Occupation/ Employer:

How did you hear about us? Google Yelp Newspaper Ad Social Media Sign

From a friend, please provide his/her name so we can thank them:

Which treatments are you interested in? (Please check all that apply)

- SculpSure- Body Contouring Botox Microdermabrasion
Laser Hair Removal Dermal Fillers Chemical Peels
Intense Pulsed Light (IPL) Kybella Facials (treatment or relaxing)
Pixel Laser Skin Resurfacing Micro Needling Skin Care Products
Sclerotherapy PRP (Platelet Rich Plasma) Other:

Have you ever had any of the above treatments in the past? Yes / No Date of last treatment(s):

Health & Medical Information

Please list all medications (prescription or over-the-counter), any herbals or supplements that you are currently taking, or have taken in the last year, including acne medications (Accutane, Retin-A, Tretinoin or Renova). This includes topical meds used in the treatment area.

Please list all allergies and sensitivities:

Please check the box(es) next to any health condition below that applies to you now or in the past:

- Allergic Dermatitis Heat Urticaria Pacemaker
Anxiety/Panic Attack Hepatitis PMS
Asthma Hernia Polycystic Ovarian Syndrome (PCOS)
Auto Immune Disorder Herpes / Cold Sores / Fever Blisters Post-Traumatic Stress Disorder
Bleeding Disorders/Blood Clots Hormone Imbalance Pregnancy/Lactating Currently
Blood Clots Hirsutism Psoriasis / Exzema / Vitiligo / Melasma
Cancer / Skin Cancer High Blood Pressure Radiation Therapy
Cardiac Problems/ Heart Attack Hyperhidrosis / Excessive Sweating Rheumatoid Arthritis
Compromised Healing Response Immune Compromising Illness or Disease Seizures
Diabetes Infectious Skin Conditions Skin Photosensitivity
Epilepsy Jaw Pain Skin Disorders affecting collagen- Ehlers-Danlos Syndrome, Scleroderma
Fainting/Dizzy Spells Keloid Formation (thick, raised scars) Stroke
Gold / Silver Therapy Neck Pain Thyroid Disorder
Headaches / Migraines Other Conditions:

(Continued on back)

Please describe any checked health condition(s) from previous page:

Other notable health conditions not listed: _____

In the event of an emergency, who should we contact?

Name: _____ Phone: _____ Relation: _____

Skin Condition & Lifestyle Information

- Do you wear a broad spectrum sunscreen of SPF 30+? Yes / Sometimes / No
- Do you spend a lot of time in the sun/outdoors? Yes / Sometimes / No
- Do you use a tanning bed or tan in the sun? Yes / Sometimes / No Last time tanning: _____
- Do you use a self tanner or spray tanning? Yes / Sometimes / No
- Do you blush or turn red easily? Yes / Sometimes / No
- Do you have sensitivity to products? Yes / Sometimes / No
- Do you have, or have you recently had sunburn? Yes / No Describe: _____
- Have you ever had a cosmetic surgery or procedure? Yes / No Describe: _____
- Do you have any tattoos or permanent makeup? Yes / No Describe: _____
- Do you have problems with getting your blood drawn? Yes / No Describe: _____

Please list all skin care products used, including brand:

Do you use glycolic acid, alpha-hydroxy acids or beta-hydroxy acids, resurfacing or exfoliating products? Yes / No

What is your typical daily intake of the following?

- | | | | | |
|------------|-------------------------------|--------------------------------|-----------------------------------|--------------------------------|
| Water | <input type="checkbox"/> None | <input type="checkbox"/> Light | <input type="checkbox"/> Moderate | <input type="checkbox"/> Heavy |
| Caffeine | <input type="checkbox"/> None | <input type="checkbox"/> Light | <input type="checkbox"/> Moderate | <input type="checkbox"/> Heavy |
| Salt | <input type="checkbox"/> None | <input type="checkbox"/> Light | <input type="checkbox"/> Moderate | <input type="checkbox"/> Heavy |
| Sugar | <input type="checkbox"/> None | <input type="checkbox"/> Light | <input type="checkbox"/> Moderate | <input type="checkbox"/> Heavy |
| Cigarettes | <input type="checkbox"/> None | <input type="checkbox"/> Light | <input type="checkbox"/> Moderate | <input type="checkbox"/> Heavy |
| Dairy | <input type="checkbox"/> None | <input type="checkbox"/> Light | <input type="checkbox"/> Moderate | <input type="checkbox"/> Heavy |

Do you have concerns with any of the following conditions? (Please check all that apply)

- | | | |
|---|--|--|
| <input type="checkbox"/> Acne | <input type="checkbox"/> Uneven Skin Tone | <input type="checkbox"/> Unwanted Scars |
| <input type="checkbox"/> Age/Brown Spots | <input type="checkbox"/> Uneven Skin Texture | <input type="checkbox"/> Unwanted Hair |
| <input type="checkbox"/> Fine Lines/Wrinkles | <input type="checkbox"/> Sagging Skin | <input type="checkbox"/> Spider Veins |
| <input type="checkbox"/> Major Lines/Wrinkles | <input type="checkbox"/> Dry Skin | <input type="checkbox"/> Cherry Angiomas |
| <input type="checkbox"/> Rosacea | <input type="checkbox"/> Oily Skin | <input type="checkbox"/> Unwanted / Stubborn fat |
| | | <input type="checkbox"/> Other: _____ |

By providing my signature below, I confirm that the information recorded above is complete and accurate to the best of my knowledge. I am in good physical condition and mental state. I have no physical restrictions, conditions, disabilities or ailments that are not noted above.

Client Signature: _____ Date: _____

Check here if you are signing as the parent or legal guardian for a minor under the age 18.

Office Use Only

Reviewed By: _____ Date: _____ Client ID: _____