

Maxillofacial Surgery Center

Post-Operative Instructions

Chin Augmentation

Dressing - If a tape dressing is placed on the cheeks, leave in place for three days.

Sutures - Dissolve in about two weeks.

Wound Care - Incisions may be cleaned through the tape by dabbing the area with diluted peroxide after showering. The tape can be dried using a hairdryer at the low setting (do not use the heat setting). Once your surgeon removes the tape, the incision may be coated with Bacitracin or Polysporin once or twice daily as needed.

Activity - Elevate your head off of bed 30 degrees. Apply ice for 24-48 hours. Increase activity as tolerated with no heavy exercise or lifting for at least two weeks. Avoid driving while still taking prescription pain medication.

Special Instructions - Swelling, bruising and some bloody drainage is normal.

As numbness subsides, it is common to feel tingling or sharp sensations. These sensations will eventually go away, however it may take weeks to resolve.

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