

Extracorporeal Shock Wave Lithotripsy for Pancreatic Stones

Procedure Date:

Arrival Time:

Procedure Time:

Procedure Location: Banner Del E Webb Medical Center

Please bring picture ID and insurance cards with you on day of procedure.

Medication Adjustments:

- **No Advil, Ibuprofen, Aleve, Plavix (Clopidogrel), Coumadin (Warfarin), Brilinta (Ticagrelor), or anti-inflammatory medications (excluding Prednisone) 5 days prior to procedure.**
- **No Pradaxa (Dabigatran) for 3 days prior to procedure.**
- **No Eliquis (Apixaban) or Xarelto (Rivaroxaban) for 2 days prior to procedure**
- You may use Tylenol if needed. Take all other medications as usual unless otherwise advised.
- No alcohol/recreational drugs for two (2) days prior to the procedure.

Preparation on day of procedure:

- **No solid foods for 8 hours prior to the start of your procedure then clear liquids only up until 4 hours before your procedure then nothing by mouth.**

Clear liquids that are allowed are as follows:

- Clear fat free broth – any flavor
 - Clear nutritional drinks such as Ensure Clear
 - Soda
 - Coffee/tea without milk or cream
 - Hard candies
 - Honey
 - Juices without pulp
 - Lemonade without pulp
 - Jell-O
 - Popsicles without fruit pulp or fruit pieces inside
 - Sports drinks
 - Water
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- **Take all of your medications with a small sip of water except for diabetic medications.**
 - If you use inhalers, bring them with you. They may be needed before or after your procedure.
 - Do not wear perfume, cologne, or lotions/oils as this may interfere with our monitoring electrodes.



Teodor C. Pitea, MD

Rawad Mounzer, MD

9059 W. Lake Pleasant Pkwy

Bldg C Ste 320, Peoria, AZ 85382

P: 623.300.9011 F: 877.709.5907 W: www.IEAAZ.com

After Procedure:

- **You must have a designated driver.** The exam will be cancelled if arrangements are not made prior to arrival. You may not use taxi/cab for transportation home.
- The family member or designated driver must remain in the lobby area to speak with the physician.
- Plan to rest at home the remainder of the day. You may resume normal activities the next day or so as directed by the provider.

If you have any questions, please call our office at 623-300-9011.