

On the day  
approximately 2 hours before surgery, unless you are instructed otherwise.

- Do not eat or drink anything** (including water, gum, mints) after midnight the day of surgery.

Children under two years old may have up to 8 oz. of clear liquids (water, Sprite, 7-up, apple juice) up to four hours before their scheduled surgery time.

- Bathe or shower and brush your teeth** (taking care not to swallow any water) the morning of surgery.
- Remove all makeup, nail polish and contacts.** If you must wear your contacts, please bring your storage case for use during surgery. Leave all jewelry, cash, and valuables at home.
- Arrange for a responsible adult to accompany you to the Center,** receive discharge instructions, drive you home and stay with you for the first night following surgery.

## *Day of Surgery* *Check List*

*Have someone stay with you the first 24 hours.*

- Limit the number of people who accompany you to the Center. We suggest that adult patients be accompanied by only one person. We do welcome both parents of pediatric patients. It would be better if siblings did not visit due to lack of entertainment at the Center.
- Any changes in your health (even minor ones such as a cold, cough) should be reported to your surgeon prior to the day of surgery.
- Refrain from smoking after midnight the day of your surgery.
- If you suspect that you are pregnant, please notify your surgeon prior to your scheduled surgery.
- Please bring your insurance cards and a form of photo ID such as a driver's license. As a courtesy to you, we will submit a claim to your insurance company.