I&D AFTERCARE INSTRUCTIONS

How should I care for my procedure site(s)?
- Keep your bandage in place for 24 hours if not packed, 48 hours if packed.
- If your wound is packed with gauze, pull the gauze out in 48 hours. Lie down on ground before removing packing to prevent falling injury if become light-headed with packing removal.
- After removing your bandage please perform the following steps daily until your wound is completely healed:
  1. Gently clean the site(s) with mild soap and water.
  2. Add a small amount of petroleum jelly or antibiotic ointment to your wound(s).
  3. Place a small bandage or dressing over your wound(s).

What should I do to achieve the best healing results?
- Follow the wound-care instructions above.
- Avoid smoking.
- Avoid sun exposure.
- Avoid strenuous exercise.
- Take the complete course of antibiotics, if they were prescribed to you.

When should I call the office?
- Call if you experience pain, fever, drainage of pus, rash, or severe itching.
- Call if you have not heard from our office regarding your culture results within seven days of your procedure.