

# PAIN DIARY

## DIAGNOSTIC BLOCK EVALUATION TOOL

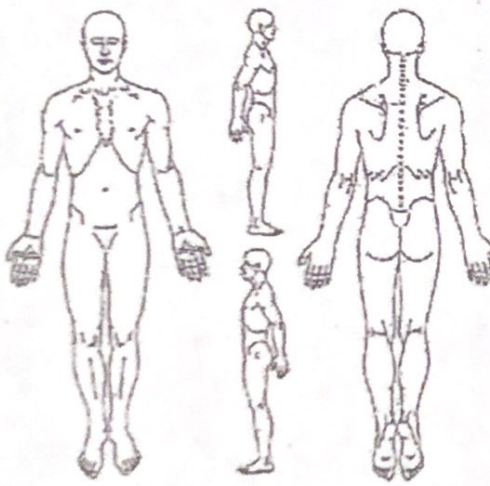
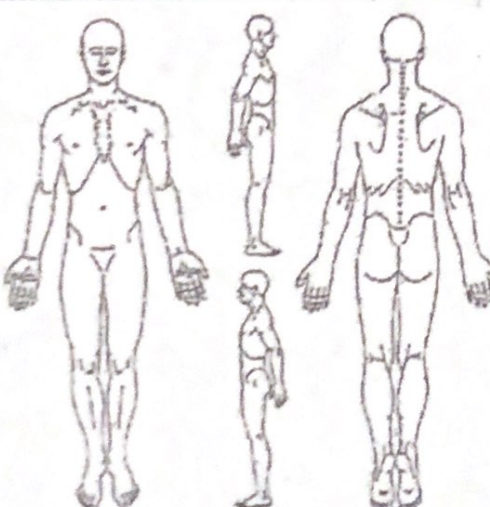
**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Procedure:** \_\_\_\_\_

The purpose of this form is to **EVALUATE** the **EFFICACY** and **CORRECT** location of your **PAIN GENERATOR** from the nerve block performed today.

The relief from this nerve block is temporary and will last from 2-10 hours or 24-48 hours (depending on the medications injected). This will not treat your pain, but rather provide guidance and expectations for the treatment that will treat your pain.

	<p style="text-align: center;"><b>Please write the % of pain RELIEF below</b></p> <p style="text-align: center;">(compared from before and after the procedure, while Extending &amp; Twisting the marked region).</p> <p style="text-align: center;"><b>Document the % of relief at the times listed below.</b></p>
<p><b>Bottom portion to be completed after the procedure.</b></p>	<p><b>Bottom portion to be completed after the procedure.</b></p>
	<p><b>Diagnostic Block Evaluation</b></p> <p>1 hour after:</p> <p>3 hours after:</p> <p>8 hours after:</p> <p>24 hours after:</p> <p>48-72 hours after:</p>

### PLEASE BRING THIS FORM TO YOUR NEXT APPOINTMENT

The results of this diagnostic test will help determine the next course of action:

- Repeating/Confirmation testing
- Proceed to RFA (ABLATION), which will provide 6-18 months relief, equal to the % relief obtained during the testing period.
- Provide guidance for correct/accurate surgical or treatment levels
- Rule out this location as a strong pain source, and recommending further testing to determine the correct source of pain.