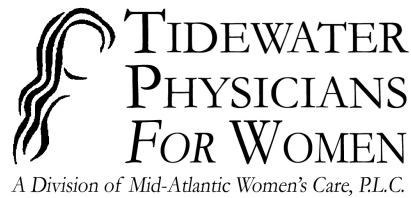


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Medications for Obstetrical Patients

Symptoms

Medication

Headache

Tylenol, 650 mg every 4 hours

Sinus Congestion

Sudafed, Dimetapp, Benadryl, **Mucinex DM**
Vicks Vapor Rub, Saline Nasal Mist

Cough

PLAIN Robitussin, *Cough Lozenges*, **Mucinex DM**
Sugar Free Cough Lozenges, Triaminic-Diabetic
formula

Constipation

Metamucil, Senakot, **Pericolace, Colace,**
Milk of Magnesia, Modane, Surfak, Dulcolax

Diarrhea

Immodium AD, Kaopectate

Heartburn/Gas

Tums, **Tums Sugar Free**, Roloids, Maalox,
Mylanta, Gaviscon, Gas X, Prilosec, **Zantac,**
Mylicon, Milk of Magnesia

Hemorrhoids

Preparation H, Anusol, Tucks, Desitin,
A&D ointment

Nausea

Emetrol, Sea Bands, **Ginger capsules 340 mg**
three times daily, Vitamin B6 25mg 3 times daily,
Unisom 25mg25mg (cut in half and take ½ Three
times daily) , Relief Band

If you have Diabetes, choose medications without sugar—bolded options.
If you have high blood pressure, choose options in italics for cough and congestion.