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| **Name:** |       |
| **Past Medical History** |
| [ ]  | Arthritis |
| [ ]  | Allergies/hay fever |
| [ ]  | Asthma |
| [ ]  | Alcoholism |
| [ ]  | Alzheimer’s disease |
| [ ]  | Autoimmune disease |
| [ ]  | Blood pressure problems |
| [ ]  | Bronchitis |
| [ ]  | Cancer |
| [ ]  | Chronic fatigue syndrome |
| [ ]  | Carpal tunnel syndrome |
| [ ]  | Cholesterol, elevated |
| [ ]  | Circulatory problems |
| [ ]  | Colitis |
| [ ]  | Dental problems |
| [ ]  | Depression |
| [ ]  | Diabetes |
| [ ]  | Diverticular disease |
| [ ]  | Drug addiction |
| [ ]  | Eating disorder |
| [ ]  | Epilepsy |
| [ ]  | Emphysema |
| [ ]  | Eyes, ears, nose, throat problems |
| [ ]  | Environmental sensitivities |
| [ ]  | Fibromyalgia |
| [ ]  | Food intolerance |
| [ ]  | Gastroesophageal reflux disease |
| [ ]  | Genetic disorder |
| [ ]  | Glaucoma |
| [ ]  | Gout |
| [ ]  | Heart disease |
| [ ]  | Infection, chronic |
| [ ]  | Inflammatory bowel disease |

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| [ ]  | Irritable bowel syndrome |
| [ ]  | Kidney or bladder disease |
| [ ]  | Learning disabilities |
| [ ]  | Liver or gallbladder disease (stones) |
| [ ]  | Mental illness |
| [ ]  | Mental retardation |
| [ ]  | Migraine headaches |
| [ ]  | Neurological problems (Parkinson’s, paralysis) |
| [ ]  | Sinus problems |
| [ ]  | Stroke |
| [ ]  | Thyroid trouble |
| [ ]  | Obesity |
| [ ]  | Osteoporosis |
| [ ]  | Pneumonia |
| [ ]  | Sexually transmitted disease |
| [ ]  | Skin problems |
| [ ]  | Tuberculosis |
| [ ]  | Ulcer |
| [ ]  | Urinary tract infection |
| [ ]  | Varicose veins |
| [ ]  | Other: |
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| **Family History** |
| [ ]  | Arthritis |
| [ ]  | Asthma |
| [ ]  | Alcoholism |
| [ ]  | Alzheimer’s disease |
| [ ]  | Cancer |
| [ ]  | Depression |
| [ ]  | Diabetes |
| [ ]  | Drug addiction |
| [ ]  | Eating disorder |
| [ ]  | Genetic disorder |
| [ ]  | Glaucoma |
| [ ]  | Heart disease |
| [ ]  | Infertility |
| [ ]  | Learning disabilities |
| [ ]  | Mental illness |
| [ ]  | Mental retardation |
| [ ]  | Migraine headaches |
| [ ]  | Neurological problems (Parkinson’s, paralysis) |
| [ ]  | Obesity |
| [ ]  | Osteoporosis |
| [ ]  | Stroke |
| [ ]  | Suicide |
| [ ]  | Other: |
|  |       |
|  |       |

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| **Health Habits** |
| Tobacco | Y | [ ]  | N | [ ]  |
|  | Cigarettes  |       |
|  | Dip/Chew  |       |
|  | E-Cig  |       |
|  | Other  |       |
| Alcohol | Y | [ ]  | N | [ ]  |
|  | Daily? |       |
|  | Socially? |       |
| Drug Use | Y | [ ]  | N | [ ]  |
|  | Past? |       |
|  | Current? |       |