IV (intravenous) sedation or anesthesia can be utilized to reduce or eliminate pain that might result from the planned procedure. This is sometimes called “twilight sleep.” A small flexible plastic catheter is placed into a vein, and a sedative is given, which will make the treatment relatively painless. Short acting sedatives or anesthetics are utilized to eliminate lengthy recovery times. In most cases, you are alert and ready to go home after 30 minutes. An anesthesiologist or nurse anesthetist will administer these medications, and your vital signs will be monitored to assure that you are comfortable and safe during the procedure.