



# TEXAS FOOT & ANKLE SPECIALISTS

A DIVISION OF STRIDE HEALTHCARE

**Dr. William Arrington      Dr. Justin Wade      Dr. Rebekah Cherian      Dr. Zachery Barnett**

**PATIENT INFORMATION** **DATE:**    /    /

Name: Last \_\_\_\_\_ First \_\_\_\_\_ Mi \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Sex M  F     Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_    Age \_\_\_\_\_    SSN \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_    Martial Status \_\_\_\_\_  
Spouses Name \_\_\_\_\_ Spouse Employer \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell phone \_\_\_\_\_ E-mail address \_\_\_\_\_  
Referred By \_\_\_\_\_ **Primary Care Physician** \_\_\_\_\_ **Date Last Seen** \_\_\_\_\_  
**Pharmacy:** \_\_\_\_\_ **Address** \_\_\_\_\_ **Phone** \_\_\_\_\_

**EMERGENCY CONTACT INFORMATION**

Name: Last \_\_\_\_\_ First \_\_\_\_\_ Relationship \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

**PATIENT EMPLOYER INFORMATION**

Employer Name \_\_\_\_\_ Employer Phone \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**POLICY HOLDER (GUARANTOR) INFORMATION**

Name: Last \_\_\_\_\_ First \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ SSN \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Relationship \_\_\_\_\_

**ASSIGNMENT OF BENEFITS**

I hereby authorize my insurance company to pay directly to Dr. Arrington/Dr. Wade/Dr. Barnett the benefits and amount due and otherwise payable to me for their services, as described on the customary charges for those services. I acknowledge and understand that I am responsible for all of the charges for all services rendered to me or any member of my immediate family. Although I have requested the doctor to bill my insurance company in the case of surgery, I clearly understand that it is still my responsibility to make sure the bill is paid in a reasonable time. If for any reason any portion of my bill is not paid by my insurance, I further agree to make arrangements for prompt payment of the bill.

**MEDICARE**

I hereby authorize my insurance company to pay directly to Dr. Arrington/Dr. Wade/Dr. Barnett the benefits and amounts due and otherwise payable to me for their services as described, but not to exceed the reasonable customary charges for those services. I understand that I am financially responsible for all remaining charges incurred, whether or not covered by said insurance.

**AUTHORIZATION TO RELEASE INFORMATION**

I, \_\_\_\_\_, hereby authorize Dr. Arrington/Dr. Wade/Dr. Barnett to release any information regarding medical treatment for the purpose of validating and determining benefits payable in connection with any claims.

**SIGNED** \_\_\_\_\_ **DATE** \_\_\_\_\_

**PATIENT MEDICAL HISTORY**

**NAME:** \_\_\_\_\_

**Please circle any of the following conditions that you have or had:**

- |                              |                       |                       |                         |
|------------------------------|-----------------------|-----------------------|-------------------------|
| Acne                         | Cataracts             | Gout                  | Muscular Dystrophy      |
| Anemia                       | Charcot foot          | Heart Attack          | Pulmonary Fibrosis      |
| Ankle Swelling               | Chemical Dependency   | Heart Disease         | Raynaud's               |
| Anxiety                      | Chest Pain            | Hepatitis A B C D E   | Rheumatoid Arthritis    |
| Arthritis                    | Circulatory Disorders | Hernia                | Seizures                |
| Artificial joint replacement | COPD                  | High Blood Pressure   | Shortness of Breath     |
| Asthma                       | CRPS/RSD              | High Cholesterol      | Squamous Cell Carcinoma |
| Autoimmune dz (HIV/AIDS)     | Depression            | Hyperthyroid          | Stroke                  |
| Basal Cell Carcinoma         | Diabetes              | Hypothyroid           | Tuberculosis            |
| Bleeding Disorders           | Epilepsy              | Kidney Disease        | Warts                   |
| Cancer _____                 | Fibromyalgia          | Liver Disease         | Other:                  |
|                              | GI Bleeding           | Malignant Melanoma    |                         |
|                              | GI reflux/GERD        | Mitral Valve Prolapse |                         |

ARE YOU DIABETIC? YES \_\_\_ NO \_\_\_ IF YES, LAST GLUCOSE READING \_\_\_\_\_ A1c \_\_\_\_\_

**PAST SURGICAL HISTORY - please list procedure & date**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**FAMILY MEDICAL HISTORY**

Mother Alive? Yes \_\_\_ No \_\_\_ Past/Med Hx \_\_\_\_\_

Father Alive? Yes \_\_\_ No \_\_\_ Past/Med Hx \_\_\_\_\_

# of Brothers \_\_\_\_\_ PMH \_\_\_\_\_

# of Sisters \_\_\_\_\_ PMH \_\_\_\_\_

**SOCIAL HISTORY - please circle one**

·Single. Married (\_\_\_years). Widowed. Separated. Divorced. # of Healthy Children \_\_\_ # of Deceased Children \_\_\_

·Live with: Spouse. Family. Nursing Home. Assisted Living. Alone. Other \_\_\_\_\_

·Tobacco Use: Smoker. Smokes \_\_\_Packs A Day. Smokeless Tobacco. Non-Smoker. Quit \_\_\_ Years Ago. Smoked \_\_\_ years.

·Illicit Drug use.

·Exercise includes: None. Walking Every Day. Walking Occasionally. Jogging. Aerobic Activity \_\_\_ Times Per Week. Treadmill. Weight Lifting. Other \_\_\_\_\_

·Caffeine: YES \_\_\_ NO \_\_\_ ·Alcohol: YES \_\_\_ NO \_\_\_ If Yes, Daily or Occasionally.

·Do you follow any special diet: YES \_\_\_ NO \_\_\_ If Yes, Why \_\_\_\_\_

·Sleep Habits: Unremarkable. Patient has: Trouble Falling Asleep, Trouble Staying Asleep, Frequent Nighttime Urination, Daytime Drowsiness, Nightmares, and Restless Legs.

Height \_\_\_ft \_\_\_in. Weight \_\_\_\_\_lbs. Shoe Size \_\_\_\_\_

Current Medications (If any)

1 _____	4 _____	7 _____
2 _____	5 _____	8 _____
3 _____	6 _____	9 _____

Allergic To (Circle): Penicillin, Sulfa Drugs, Aspirin, Codeine, Iodine, Tape, Cortisone, Local Anesthesia, General Anesthesia, Other \_\_\_\_\_

**CONSENT FOR RELEASE OF MEDICAL INFORMATION**

Please complete the following to give consent for us to request record from any provider you list below (when needed) in regard to your continued medical care with Dr. Arrington/ Dr. Wade/ Dr. Cherian/ Dr. Barnett.

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Patient Name: \_\_\_\_\_ Date of birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ SSN:XXX-XX-\_\_\_\_\_

I hereby give permission for (name of any provider that you would give permission to send us records):

\_\_\_\_\_  
(Name of: Facility / Hospital / Physician / Insurance Company)

Address: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_ Fax#: \_\_\_\_\_ Contact Name (if you have one): \_\_\_\_\_

**TO RELEASE OR DISCLOSE:**

The following information:

\_\_\_\_\_  
**(All medical records / Specific office visit notes / Diagnostic results / Lab results / etc.)**

Beginning on date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ and ending on date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**TO:**

Foot and Ankle Specialists – Offices of Dr. William Arrington / Dr. Justin Wade / Dr. Rebekah Cherian / Dr. Zach Barnett  
Address (main office): 1601 N. Beltline Rd Ste. A Mesquite, TX 75149- Ph: 972-288-7441, Fax:833-916-2197

I authorize this information to be released, but this consent is subject to revocation at any time by me in writing.

**Patient Signature** (or parent if minor): \_\_\_\_\_ **Date:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**ACKNOWLEDGMENT OF RECEIPT OF THE NOTICE OF PRIVACY PRACTICES**

Dr. William Arrington, Dr. Justin Wade, Dr. Rebekah Cherian, and Dr. Zach Barnett are committed to protecting the privacy and security of individual identifiable health information and other protected health information of a confidential nature for this medical practice as set forth in the Health Insurance Portability and Accountability Act (HIPAA).

I, \_\_\_\_\_, have received a copy of the office’s Notice of Privacy Practices as required by law.

**Patient Signature** (or parent is a minor): \_\_\_\_\_ **Date:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

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**FOR OFFICE USE ONLY**

We attempted to obtain written acknowledgment of receipt of our Notice of Privacy Practices, but it could not be obtained because:

- \_\_\_\_ Individual refused to sign.
- \_\_\_\_ An emergency situation prevented us from obtaining it.
- \_\_\_\_ Communication barrier.
- \_\_\_\_ Other (please specify): \_\_\_\_\_

Please circle your answers:

- 1. Do you experience pain in your legs and/or feet when walking? YES or NO
  - a. If so, where does it hurt when you walk? TIGHS / KNEES / CALVES / FEET
- 2. Is the pain in your legs and/or feet relieved by rest? YES or NO
- 3. Do cuts on your arms, legs, hands or feet take a long time to heal? YES or NO
- 4. Have you noticed that less hair grows below your knees than above them? YES or NO
- 5. Do you have (or had) ulcers on your feet? YES or NO
- 6. Have you noticed that your feet feel cold even when the temperature is warm? YES or NO
- 7. Do you suffer from numbness, tingling, or burning in your legs or arms? YES or NO
  - a. If so, where at exactly? FEET / LEGS / BUTTOCKS / ARMS / HANDS

**CHIEF COMPLAINT / HISTORY OF PRESENT CONDITION**

Current foot problem(s): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please circle all that apply →

**COURSE**

- Intermittent / Constant
- Progressive / Varied

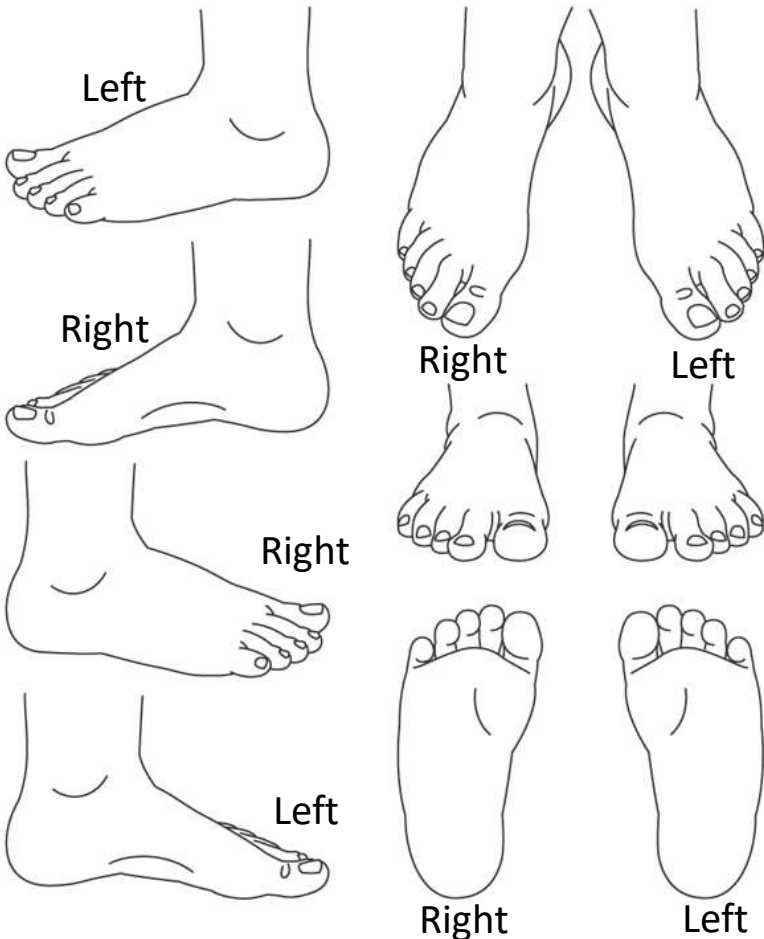
**LOCATION**

- left / right / foot / ankle / 1<sup>st</sup> toe
- 2<sup>nd</sup> toe / 3<sup>rd</sup> toe / 4<sup>th</sup> toe / 5<sup>th</sup> toe

**NATURE**

- sharp / dull / achy / burning
- stabbing / tingling / numbness

Please circle your problem areas on the diagram below:



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**Duration**(how long have you had the problem):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Onset**(how did it start):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Aggravating Factors**(what makes it worse):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Treatment**(have any other treatments been done):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_