

# FOOT & ANKLE CENTER OF FRISCO

PODIATRIC MEDICINE AND SURGERY

[WWW.DFWFOOT.COM](http://WWW.DFWFOOT.COM)

5375 COIT RD STE #100

FRISCO, TEXAS 75035

Phone: (972) 712-7773

Fax: (972) 712-3134

Horst P. Knapp, DPM, MS, FACFAS

Mojgan Tavakoli, DPM, FACFAS, ABPOPPM

Anthony Brockington, DPM, AACFAS

Rebecca M. Wiesner, DPM, AACFAS

## **Chronic Achilles Tendon Pathology**

The Achilles tendon is the most powerful tendon in the body, supporting nearly 4x your body weight during ambulation. The gastrocnemius and soleus calf muscles combine to form the Achilles tendon which then attach to the heel bone.

Chronic repetitive stress can lead to small tears and eventual thickening of the tendon creating an inflammatory condition that continues to hurt with activity. The Foot & Ankle Center of Frisco offers advanced MRI imaging with affordable pricing and can quickly and accurately diagnose the extent of your injury in order to get you back to activity as soon as possible.

If surgery is indicated for your condition, we provide the latest techniques in surgical reconstruction, utilizing a specially designed absorbable 4 anchor system with knotless, non-absorbable suture. This correction provides an extremely strong construct, allowing weight bearing sooner while maintaining correction. The knotless construct helps prevent any irritation to the back of the heel often seen with traditional repair using knots.

Whether you're a professional athlete, weekend warrior, or high school athlete, you owe it to yourself to get answers and start the road to recovery immediately. At the Foot & Ankle Center of Frisco we strive to quickly and accurately diagnose injuries by offering the latest in advanced imaging technology allowing our patients to get back on their feet safely as soon as possible.

Call the Foot & Ankle Center of Frisco today for your consultation. Same day appointments are available.

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