**Myringotomy tubes**

**General Instructions:**

1. Resume home medications as previous prescribed unless indicated by surgeon.
2. Keep all follow up appointments.
3. Call 205-228-7970 during regular business hours or report to the nearest emergency department for bleeding that will not stop, fever >101.5, nausea & vomiting, severe dizziness that will not stop, shortness of breath or any other concerns.

**Precautions/Post-operative Care:**

1. The ear will likely drain liquid and occasionally blood for the first 24-48 hours. A cotton ball may be placed in ear after prescription drops are used.
2. You may shower after surgery. Swimming in pools is allowed but do not submerge head in lake water.

**Ear Drops**

You should have been given a prescription for ear drops. Begin using these immediately following surgery or as directed. Tip the head to the side, place drops in the ear and allow them to remain for 5 minutes.