

Patient Prep Instructions for Capsule Endoscopy with CapsoCam Plus®

Morning Ingestion Appointment

*NOTE: If taking an oral iron supplement, please stop 7 full days prior to the test.

Your Capsule Endoscopy procedure is scheduled at: _____

Address: _____

Day _____ Date _____ Time _____

Day Before Procedure

Day: Time: 8:00am	Drink one bottle of Citrate of Magnesium (Can be found at most pharmacies over-the-counter in a 10oz pre-mixed bottle. Best if refrigerated prior to drinking)
Day:	Begin clear liquid diet after finishing Citrate of Magnesium. Do not eat any food. You may have all the clear liquids you want. This included broth, bouillon, Jell-o without fruit, water, coffee (no cream), tea, white grape/apple juice, yellow Country Time lemonade, Coke, 7-up, Pepsi, Sprite, Ginger Ale, Gatorade, Kool-Aid, or ice slushies. You may use salt and sugar. <u>Avoid anything colored red, purple, or blue.</u> Nothing to drink after 10pm. Small sips of water with medication is allowed.

Day of Procedure

Day: Time: Morning	Hold medications until 2 hours after ingestion of capsule unless your doctor deems it necessary, then take small sips of water with medications.
Day: Time: 8:00am	Arrive at Office
	Ingest CapsoCam Plus capsule with 8 oz of water.
Time:	Resume clear liquids for 2 hours after swallowing the capsule.
Time:	Four hours after capsule ingestion, mix 17-grams of Polyethylene glycol (MiraLax, ClearLax etc.) with full glass of water or Gatorade (non-red), drink all of the contents.
Time:	Enjoy a light lunch when you are ready after previous dose of Polyethylene glycol. Please document what you have for lunch. _____ Eat normally for dinner. No further diet restrictions are necessary.

Important Patient Information

- For best results, strictly follow the instructions. The capsule will typically take 8-48 hours to pass. If you haven't passed the capsule at 72 hours after capsule ingestion, contact your physician at 410-224-4887
- To watch the retrieval video instructions, visit <http://www.capsovision.com/products/capsoretrieve>
- To avoid a repeat of this study, please adhere to your retrieval instructions until capsule is retrieved. Continue to use the Retrieval Pan provided until the capsule is retrieved.

Returning the Capsule:

- If provided a pre-labeled padded envelope in your take-home kit, place the capsule inside the vial. Ensure the vial lid is locked and put the vial into the envelope, seal the envelope and drop it off at any FedEx drop box or physical FedEx location.