



Arkansas Gastroenterology Endoscopy Center, PLLC, Arkansas Gastroenterology Associates, PLLC, Digestive Diseases Clinic of Hot Springs, PA, J. Steven Mathews, M.D., P.A. d/b/a Gastroenterology Clinic of Hot Springs (“Organized Healthcare Arrangement”) 151 McGowan Court, Hot Springs, AR 71913 (501) 623-4101 (888)287-3204

John O. Brandt, M.D.  
(501) 625-7727

J. Steven Mathews, M.D.  
(501) 623-6277

## Out-Patient ERCP PREP INSTRUCTIONS

1. Do not eat or drink anything after midnight the night before your procedure with the exception of any important heart or blood pressure medications that you might be taking. You may take your medications with a few sips of water.
2. Arrive at the Out-Patient Department of:  
 National Park Medical Center  
 CHI St. Vincent Medical Center

at \_\_\_\_\_ a.m./ p.m. on the morning of your procedure, which is scheduled on

---

3. You will not be allowed to drive yourself home after the procedure. This is due to the fact that the medications that you will be receiving for your endoscopy often take over 12 hours to be completely cleared from your body.

★ If you are If you are diabetic, do not take your diabetic medication (i.e. insulin, etc.) the morning of your test, but do take it with you to the hospital. Please inform the nursing staff that you are diabetic.

★★ If you are taking the blood thinner Coumadin, aspirin or Plavix, please let our office know. You might be asked to stop this medication 3 days (71 hours) prior to your procedure.