

HEALTH QUESTIONNAIRE

Name: _____

Date: _____

Height: _____ Weight: _____ Shoe Size: _____

Primary Care Physician: _____ Physician's Phone Number: _____

Present Health

1. Are you being treated by any doctor for any condition? If yes, what condition: _____

2. Do you take aspirin daily? If yes, how much? _____ 3. Are you pregnant? YES NO

4. Are you Diabetic? YES NO If yes, how is your Diabetes being controlled? DIET MEDICATION INSULIN

5. Are you taking any medication? (Please list)

- | | | |
|----------|----------------|------------|
| 1. _____ | Strength _____ | Dose _____ |
| 2. _____ | Strength _____ | Dose _____ |
| 3. _____ | Strength _____ | Dose _____ |
| 4. _____ | Strength _____ | Dose _____ |
| 5. _____ | Strength _____ | Dose _____ |
| 6. _____ | Strength _____ | Dose _____ |
| 7. _____ | Strength _____ | Dose _____ |
| 8. _____ | Strength _____ | Dose _____ |

6. List all **major surgeries** you've had **within the last 5 years**:

- | | |
|-------|----------------------|
| _____ | Estimated Date _____ |
| _____ | Estimated Date _____ |
| _____ | Estimated Date _____ |
| _____ | Estimated Date _____ |

Do you have any of the following:

- | | | | | | |
|---|-----|----|-------------------------------------|-----|----|
| Skin disease _____ | YES | NO | Frequent infections or boils _____ | YES | NO |
| Heart trouble/heart attacks _____ | YES | NO | Asthma _____ | YES | NO |
| Swelling of hands, feet/ankles _____ | YES | NO | High Blood Pressure _____ | YES | NO |
| Liver disease _____ | YES | NO | Hepatitis _____ | YES | NO |
| Kidney disease _____ | YES | NO | Varicose veins _____ | YES | NO |
| Muscle or joint weakness _____ | YES | NO | Difficulty walking _____ | YES | NO |
| Urinary Tract Infection (last 6 mos.) _____ | YES | NO | Psychiatric care _____ | YES | NO |
| Slow to heal after cut _____ | YES | NO | Drug or alcohol dependency _____ | YES | NO |
| Anemia _____ | YES | NO | Abnormal bruising/bleeding _____ | YES | NO |
| Blood disease _____ | YES | NO | Positive testing to HIV virus _____ | YES | NO |

Do you smoke?.....YES NO If yes, how much per day _____

Do you drink alcohol?.....YES NO If yes, how often _____

Are you allergic to: Latex.....YES NO Adhesive Tape.....YES NO Iodine.....YES NO

Are you allergic to any medications? Please List: _____

Please list your reactions: _____