

# If you suffer from chronic dry mouth, it's time to talk about it.



## Ask yourself:

- Do you experience **pain** from dry mouth due to a lack of saliva?
- Do you have **trouble swallowing** because of thick mucus?
- Do you get **persistent sores** in your mouth or on your tongue?
- Does your dry mouth interfere with your **sleeping habits**?
- Do you often have **bad breath** due to dry mouth?
- Do you avoid certain foods because your dry mouth makes them **difficult to eat**?

If you answered "yes" to one or more of these questions, be sure to talk to your dentist today about a prescription-strength oral rinse that can help relieve your symptoms.

Chronic dry mouth is a painful condition that can occur because of side effects from medicine, medical conditions, or lifestyle choices, just to name a few causes. It may lead to significant oral health problems, including dental cavities, plaque accumulation, inflammation of gums, or problems wearing dentures.

Please see back page for more information.