

PREP INSTRUCTIONS FOR COLONOSCOPY WITH SUPREP

Arrive at:

Digestive Diseases Center Wesley Medical Center Outpatient Registration South MS Surgery Center

_____ the date _____ the time

5 DAYS before your colonoscopy: _____.

Ask your doctor for specific instructions if you take a blood thinner like **Plavix, Pradaxa, Clopidogrel, Coumadin, Warfarin, Effient, Prasugrel** or **Lovenox**.

3 DAYS before your colonoscopy: _____.

Stop eating all nuts, seeds and popcorn.

1 DAY before your colonoscopy: _____.

Begin a clear liquid diet. Drink at least 8 glasses of water during the day to avoid dehydration.

At 6 pm, pour one 6 oz. bottle of SUPREP liquid into the mixing container. Add cool drinking water to the 16 oz. line on the container and mix. Drink all the liquid in the container. You must drink two more 16 oz. containers of water over the next hour.

Check if applicable

Second dose should be taken tonight at _____.

THE DAY of your colonoscopy: _____.

At least four hours before the exam, repeat these steps. pour one 6 oz. bottle of SUPREP liquid into the mixing container. Add cool drinking water to the 16 oz. line on the container and mix. Drink all the liquid in the container. You must drink two more 16 oz. containers of water over the next hour and be sure to finish the prep at least 3 hours before the exam.

3 hours before, stop drinking all clear liquids. You may take all of your usual morning medications with 4

NOTE : Dilute the solution concentrate as directed prior to use.

ARE YOU READY?

You are ready if you have followed all instructions and your stool is no longer formed, but **CLEAR OR YELLOW LIQUID**.

Visit:

hgia.net/farmer/suprep.html

FAQs

What can I drink in my Clear Liquid Diet?

Water, Tea or Coffee without cream or sugar, Carbonated beverages (*Sprite, Coke, etc.*), Jello (no purple, orange, or red), Popsicles, Juices without pulp, Kool-Aid, Lemonade, Gatorade, hard candies, sugar and salt, and clear broths.

Do I need a ride home after procedure?

Yes, you do.

Can I still take asperine during my prep?

Yes, you may aspirin and continue taking your usual medications up to the morning of your procedure with up to 4oz of water.

What if I have to reschedule?

Any patient who cancels a procedure **LESS THAN 72 HOURS PRIOR** to that procedure will be assessed a **\$50 NON-REFUNDABLE DEPOSIT FEE.**

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