



GWYNETH'S COMPLEXION DOT Therapy

Cost: \$2,500 per treatment
Recovery time: 3-4 days
The newest approach in skin rejuvenation
is DOT Therapy (Dermal Optical
Thermolysis). It creates thousands of
microscopic perforations which help with
skin tightening. "The laser energy creates
heat, and that dot of heat shrinks the
collagen," explains Dr. Carolyn Jacob,

and Dermatology. "By shrinking the collagen, the result is fewer wrinkles."
Skin peels off in little, sandpaper-like flakes and requires only a cold compress, moisturizer and SPF after.

'Beauty to me
is about being
comfortable
in your
own skin'

