

REOPENING OFFICE ANNOUNCEMENT IN RESPONSE TO COVID-19

Dear Colleague,

The California Center for Sleep Disorders (CCSD) is pleased to announce that we are now open for In-lab sleep studies, Home sleep testing (HST), and Telemedicine consultations with our sleep providers.

It is extremely important that we support the sleep health of all patients particularly during these times of worries. Healthy sleep will strengthen the immune system and help prevent illness.

CCSD is a patient-focused sleep clinic providing board certified physician consultations and accredited sleep testing services throughout the Bay Area for the past 35 years. CCSD offers easy access to care, quick turnaround time on test results and fully comprehensive sleep medicine services.

We hope this letter finds you and your family in good health. Our communities have been through a lot over the last few months, and all of us are looking forward to resuming our normal habits and routines. While many things have changed, one thing has remained the same: our office's commitment to the safety of all patients.

Infection control has always been a top priority in our practice. We follow recommendations and guidelines made by the Centers for Disease Control and Prevention (CDC), and the Occupational Safety and Health Administration (OSHA). This allows us to make sure that our infection control procedures are up-to-date and enables us to provide the safest environment for our patients and their family members.

During this time, we have implemented the following safety precautions to help protect our patients and Staff:

Upon scheduling an appointment, a COVID-19 questionnaire will be emailed to all patients. This questionnaire must be completed before they arrive at our office. We will postpone treatment for any patient who has experienced or been in contact with someone who has experienced the following symptoms within 14 days of the scheduled appointment date: fever, cough, loss of taste and/or smell, flu-like symptoms, difficulty breathing or shortness of breath, and fatigue.

If patients are over the age of 65 or have preexisting health conditions (as recommended by CDC) such as diabetes, chronic lung disease or asthma, serious heart conditions, are immunocompromised, or chronic kidney or liver disease, we recommend they do not visit the office at this time and will suggest the home sleep test option. If patients fall into this category but need to accompany a child or family member for a visit, please call our office as we will handle this request on a case-by-case basis.

We will be scheduling appointments in a manner that promotes social distancing and allows for adequate time for us to sanitize all areas of use in between patient appointments.

Upon arrival at our office, patients will be instructed to call before entering the office to let us know they have arrived. We will then call and/or text them once the office is ready for the patient to enter. We will ask that patients enter the office unaccompanied, if possible. For those patients who need a guardian to accompany them, we will ask that this be limited to a single family member. Every person entering our office is expected to wear a face covering and will be asked to sanitize their hands immediately upon entry. We will confirm no fever with a contactless thermometer upon arrival. Our doctors and staff will be wearing all the recommended personal protective equipment (PPE).

Thank you for being part of our family sleep practice.
Please visit our website for more details on our safety precautions and more about our locations and services at www.californiasleepcenters.com

CCSD is in-network with Medicare and all commercial payors.
ACHC and AASM accredited since 1983

For consultations or diagnostic testing referrals, please contact us at our administrative office (510) 263-3300 or FAX a referral to (510) 263-3350 or visit us at www.californiasleepcenters.com
We look forward to helping your patients achieve the benefits of sleep for optimum health and vitality.

Best Regards,
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