



Botox/Dysport Post-Care Treatment Information

Day of Treatment- BOTOX

- Avoid lying down for 4 hours immediately after treatment.
- Avoid manipulating the treated area (facial or massage)
- Avoid any activities that may cause facial flushing (e.g., application of heat to the face, alcohol consumption, exercising, and tanning)
- If bruising or swelling occurs, a soft ice pack may be applied for 10-15 minutes to each bruise site, every 1-2 hours until it is improved.

Results and Follow-Up

Treated muscles typically demonstrate partial reduction in function 3-4 days after botulinum toxin treatment, with maximum reduction 14 days after treatment. Effects are most noticeable for treatment of dynamic lines. Static lines are slower to respond, typically requiring two to three consecutive treatments.

Muscle function in the treatment area gradually returns 2-5 months after treatment, based on the dose of botulinum toxin used and patient's muscular anatomy. Subsequent treatments are recommended when muscles in the treated area begin to contract, prior to facial lines returning to their pretreatment appearance.