

# Digestive and Liver Disease Center of San Antonio

*Setting the standard of quality, personalized care.*

**Robert M. Narváez MD, MBA**

## Preparing for your Endoscopy (EGD)

After administering IV sedation, Dr. Narváez passes a lighted, flexible instrument (endoscope) through the mouth and back of the throat to allow examination of the esophagus, stomach and duodenum.

In preparation for your EGD follow a regular diet the day before your procedure. Starting at midnight the night before the exam you may no longer consume any food or liquids. All medication must wait to be taken till after the procedure unless otherwise indicated below, such as blood pressure medication. Should any biopsies be taken they will be sent to a pathologist who will send our office the results within a week, at which time we will schedule you for a follow up visit so that Dr. Narváez may go over the reports with you.

Patient Name \_\_\_\_\_

Date of Endoscopy \_\_\_\_\_ Time \_\_\_\_\_

Facility \_\_\_\_\_

I acknowledge that I understand the following additional instructions as they pertain to my procedure:

- Blood Pressure medication must be taken 2 hours prior to my procedure \_\_\_\_\_
  - *If applicable, the following meds will be taken before the procedure:*

\_\_\_\_\_

- All blood thinners, such as Tylenol, must be stopped 3 days prior to the procedure

\_\_\_\_\_

- A chaperone must drive me to the facility, wait for me at the facility and drive me home from the facility

\_\_\_\_\_

By signing this form, I hereby understand all that is written:

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

**Please call the office if you have to cancel or reschedule your procedure; not doing so will result in a fee from the office and surgery center. Thank you.**